LECTURES

ON

INTEMPERANCE.

By LYMAN BEECHER, D.D.

FAITH OF THE BEECHER SISTERS.

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LECTURES ON INTEMPERANCE.

LECTURE I.*

NATURE AND OCCASIONS OF INTEMPERANCE.


They that tarry long at the wine; they that go to seek mixed wine.

Look not thou upon the wine when it is red, when it giveth his colour in the cup, when it moveth itself aright. At the last it biteth like a serpent, and stingeth like an adder. Thine eyes shall behold strange women, and thy heart shall utter perverse things. Yea, thou shalt be as he that lieth down in the midst of the sea, or as he that lieth upon the top of a mast. They have stricken me, shalt thou say, and I was not sick; they have beaten me, and I felt it not; when shall I awake? I will seek it yet again.—Proverbs xxiii. 29—35.

This is a glowing description of the sin of intemperance. No pencil but that of inspiration could have thrown upon the canvas so many and such vivid traits of this complicated evil in so short a compass. It exhibits its woes and sorrows, contentions and babblings,

* When the following discourses were written, alcohol, in the form of sedative spirits, as called at that day, was the most common intoxicating beverage in use. But as the poison in every form is the same, and the effect the same, the argument against this form applies alike to every form. I have, therefore, made no change in the language.
and wounds and redness of eyes; its smiling deceptions in the beginning and serpent-bite in the end; the helplessness of its victims, like one cast out upon the deep; the danger of destruction, like that of one who sleeps upon the top of a mast; the unavailing lamentations of the captive, and the giving up of hope and effort.

"They have stricken me, and I was not sick: they have beaten me, and I felt it not: when shall I awake? I will seek it yet again"—again be stricken and beaten, again float upon the deep, and sleep upon the mast.

No sin has fewer apologies than intemperance. The suffrage of the world is against it; and yet there is no sin so naked in its character, and whose commencement and progress is indicated by so many signs, concerning which there is among mankind such profound ignorance. All reprobate drunkenness; and yet not one of the thousands who fall into it dreams of danger when he enters the way that leads to it.

The soldier approaching the deadly breach, and seeing rank after rank of those who preceded him swept away, hesitates sometimes, and recoils from certain death. But men behold the effects upon others of going in given courses—they see them begin, advance, and end in confirmed intemperance, and, unpablished, rush heedlessly upon the same ruin.

A part of this heedlessness arises from the undefined nature of the crime in its early stages, and the ignorance
of men concerning what may be termed the experimental indications of its approach. Theft and falsehood are definite actions. But the first effect of intemperance is a state of internal sensation; and the indications may exist long, and multiply, and the subject of them not be aware that they are the signs of intemperance. It is not unfrequent that men become irremediable in their habits, without suspicion of danger. Nothing, therefore, seems to be more important than a description of this broad way, thronged by so many travellers; that the temperate, when they come in sight of it, may know their danger, and pass by it and turn away.

What I shall deliver on this subject has been projected for several years, has been delayed by indisposition and the pressure of other labours, and is advanced now without personal or local reference.

Intemperance is the sin of our land, and, with our boundless prosperity, is coming upon us like a flood; and if anything shall defeat the hopes of the world which hang upon our experiment of civil liberty, it is that river of fire which is rolling through the land, destroying the vital air, and extending around an atmosphere of death.

It is proposed, in this and the subsequent discourses, to consider the nature, occasions, signs, evils, and remedy of intemperance. In this discourse, we shall consider THE NATURE AND OCCASIONS OF INTEMPERANCE.
The more common apprehension is, that nothing is intemperance which does not prevent the regular operation of the mental faculties and the bodily organs. However much a man may consume of ardent spirits, if he can command his mind, his utterance, and his bodily members, he is not reputed intemperate; and yet, drinking within these limits, he may be intemperate in respect to inordinate desire, the quantity consumed, the expense incurred, the present effect on his health and temper and moral sensibilities, and, what is more, in respect to the ultimate and inevitable results of bodily and mental imbecility, or wanton drunkeness.

God has made the human body to be sustained by food and sleep, and the mind to be invigorated by effort, and the regular healthfulness of the moral system, and the cheering influence of his moral government. And whoever, to sustain the body, or invigorate the mind, or cheer the heart, applies habitually the stimulus of ardent spirits, does violence to the laws of his nature, puts the whole system into disorder, and is intemperate long before the intellect falters or a muscle is unstrung.

The effect of ardent spirits on the brain and the members of the body is among the least effects of intemperance, and the least destructive part of the sin. It is the moral ruin which it works in the soul that gives it the denomination of giant wickedness. If all who are intemperate drunk to insensibility, and, on awaking,
could arise from the debauch with intellect and heart uninjured, it would strip the crime of its most appalling evils. But among the woes which the Scriptures denominate against crime, one is, "Woe unto them that are mighty to drink wine, and men of strength to consume strong drink." These are emblems in the hands of iniquity, and will drink two generations of youths into the grave before they go to lie down by their side. The Lord delivers us from strong-headed men, who can move the tongue when all are mute around them, and keep the eye open when all around them sleep, and can walk from the scene of riot while their companions must be added, or wait until the morning.

It is a matter of undoubted certainty that habitual tippling is worse than periodical drunkenness. The poor Indian, who once a month drinks himself dead, all but simple breathing, will outlive, for years, the man who drinks little and often, and is not, perhaps, suspected of intemperance. The use of ardent spirits daily, as ministering to cheerfulness or bodily vigour, ought to be regarded as intemperance. No person probably ever did, or ever will, receive ardent spirits into his system once a day, and fortify his constitution against its deleterious effects, or exercise such discretion and self-government as that the quantity will not be increased, and bodily infirmities and mental imbecility be the result, and, in more than half the instances, inebriation.
Nature may hold out long against this sapping and mining of the constitution which daily tippling is carrying on; but, first or last, this foe of life will bring to the assault enemies of its own formation, before whose power the feeble and the mighty will be alike unable to stand.

All such occasional exhilaration of the spirits by intoxicating liquors as produces levity, and foolish jesting, and the loud laugh, is intemperance, whether we regard those precepts which require us to be sober-minded, or the effect which such exhilaration and lightness have upon the cause of Christ, when witnessed in professors of religion. The cheerfulness of health, and the excitement of industry and social intercourse, is all which nature demands, or health or purity permits. A resort to ardent spirits as a means of invigorating the intellect, or of pleasurable sensation, is also intemperance. It is a restraint upon nature to extort, in a short time, those results of mind and feeling which, in her own unimpelled course, would flow with less impetuosity, but in a more equable and healthful current. The mind has its limits of intellectual application, and the heart its limits of feeling, and the nervous system of healthful exhilaration; and whatever you gain through stimulus, by way of anticipation, is only so much intellectual and vital power cut off at the latter end of life. It is this occult intemperance of daily drinking which generates a host of bodily infirmities and diseases.
Lose of appetite, nausea at the stomach, disordered bile, obstructions of the liver, jaundice, dropsy, hoarseness of voice, coughs, consumption, rheumatic pains, epilepsy, gout, colic, palsy, apoplexy, insanity, are the bodyguards which attend intemperance in the form of tippling, and where the odious name of drunkenness may, perhaps, be never applied.

A multitude of persons who are not accounted drunkards create disease and shorten their days by what they denominate a "prudent use of ardent spirits." Let it, therefore, be engraven upon the heart of every man that the daily use of ardent spirits, in any form or in any degree, is intemperance. Its effects are certain and deeply injurious, though its results may be slow, and never be ascribed to the real cause. It is a war upon the human constitution, carried on ostensibly by an auxiliary, but which never fails to subtract more vital power than it imparts. Like the letting out of waters, by little and little it widens the breach, till life itself is poured out. If all diseases which terminate in death could speak out at the grave, or tell their origin upon the coffin-lid, we should witness the most appalling and unexpected disclosures. Happy the man who so avoids the appearance of evil as not to shorten his days by what he may call the prudent use of ardent spirits.

But we approach now a state of experience in which
it is supposed generally that there is some criminal intemperance. I mean when the empire of reason is invaded, and weakness and folly bear rule: prompting to garrulity or sullen silence; inspiring petulance or anger, or insipid good-humour and silly conversation: pouring out oaths and curses, or opening the storehouse of secrets—their own and others'. And yet, by some, all these have been thought insufficient evidence to support the charge of intemperate drinking, and to justify a process of discipline before the Church. The tongue must falter, and the feet must trip, before, in the estimation of some, professors of religion can be convicted of the crime of intemperance.

To a just and comprehensive knowledge, however, of the crime of intemperance, not only a definition is required, but a philosophical analysis of its mechanical effects upon the animal system.

To those who look only to the outward appearance, the triumphs of intemperance over conscience, and talents, and learning, and character, and interest, and family endearments, have appeared wonderful. But the wonder will cease when we consider the raging desire which it enkindles, and the hand of torment which it lays on every fibre of the body and faculty of the soul.

The stomach is the great organ of accelerated circulation to the blood, of elasticity to the animal spirits, of pleasurable or painful vibration to the nerves, of vigour
to the mind, and of fulness to the cheerful affections of the soul. Here is the silver cord of life, and the golden bowl at the fountain, and the wheel at the cistern; and as these fulfil their duty, the muscular, and mental, and moral powers act in unison, and fill the system with vigour and delight. But, as these central energies are enfeebled, the strength of mind and body declines; and lassitude, and depression, and melancholy, and sighing succeed to the high beatings of health, and the light of life becomes as darkness.

Experience has decided that any stimulus applied statically to the stomach, which raises its muscular tone above the point at which it can be sustained by food and sleep, produces, when it has passed away, debility—a relaxation of the overworked organ proportioned to its preternatural excitement. The life-giving power of the stomach fails, of course, as much below the tone of cheerfulness and health as it was injudiciously raised above it. If the experiment be repeated often, it produces an artificial tone of stomach, essential to cheerfulness and muscular vigour, entirely above the power of the regular sustenance of nature to afford, and creates a vacuum which nothing can fill but the destructive power which made it; and when protracted use has made the difference great between the natural and this artificial tone, and habit has made it a second nature, the man is a drunkard, and in ninety-nine instances in
a hundred is irretrievably undone. Whether his tongue falter and his feet fail him or not, he will die of intemperance. By whatever name his disease may be called, it will be one of the legions which lie in wait about the path of intemperance, and which abused Heaven employs to execute wrath upon the guilty.

But of all the ways to hell which the feet of deluded mortals tread, that of the intemperate is the most dreary and terrible. The demand for artificial stimulants to supply the deficiencies of healthful aliment is like the ruge of thirst, and the ravenous demand of famine. It is famine; for the artificial excitement has become as essential now to strength and cheerfulness as simple nutrition once was. But Nature, taught by habit to require what once she did not need, demands gratification now with a decision invariable as death, and to most men as irresistible. The denial is a living death. The stomach, the head, the heart, and arteries and veins, and every muscle and every nerve, feel the exhaustion, and the restless, unutterable wretchedness which puts out the light of life, and curtains the heavens, and carpets the earth with sackcloth. All these varieties of sinking nature call upon the wretched man, with trumpet-tongue, to dispel this darkness, and raise the ebbing tide of life, by the application of the cause which produced these woes, and after a momentary alleviation will produce them again, with deeper terrors and more
urgent importunity; for the repetition at each time renders the darkness deeper, and the torments of self-denial more irresistible and intolerable.

At length, the excitation of nature flags, and stimulants of higher power, and in greater quantities, are required to rouse the impaired energies of life; until, at length, the whole process of dilatory murder and worse than purgatorial suffering having been passed over, the silver cord is loosed, the golden bowl is broken, the wheel at the eider's stops, and the dust returns to the earth as it was, and the spirit to God who gave it.

These sufferings, however, of animal nature are not to be compared with the moral agonies which convulse the soul. It is an immortal being who sins and suffers; and as his earthly house dissolves, he is approaching the judgment-seat, in anticipation of a miserable eternity. He feels his captivity, and in anguish of spirit clanks his chains, and cries for help. Conscience thunders, remorse goads, and, as the gulf opens before him, he recoils and trembles, and weeps and prays, and resolves and promises, and reforms, and "seeks it yet again," again resolves, and weeps, and prays, and "seeks it yet again." Wretched man! he has placed himself in the hands of a giant who never pities, and never relaxes his iron gripe. He may struggle, but he is in chains. He may cry for release, but it comes not; and Lost! Lost! may be inscribed upon the door-posts of his dwelling.
In the meantime, these paroxysms of his dying moral nature decline, and a fearful apathy, the harbinger of spiritual death, comes on. His resolution, his mental energy, and his vigorous enterprise, fail; and nervous irritation and depression ensue. The social affections lose their fulness and tenderness, conscience loses its power, and the heart its sensibility, until all that was once lovely and of good report retires, and leaves the wretch abandoned to the appetites of a ruined animal. In this deplorable condition, reputation expires, business fails, and becomes perplexed, and temptations to drink multiply as inclination to do so increases, and the power of resistance declines. And now the vortex roars, and the struggling victim buffets the fiery wave with feebler stroke and varying application, until despair flashes upon his soul, and, with an outcry that pierces the heavens, he ceases to strive, and disappears.

A sin so terrific should be detected in its origin, and struggled in the cradle; but ordinarily, instead of this, the habit is fixed, and the hope of reformation is gone, before the subject has the least suspicion of danger. It is of vast importance, therefore, that the various occasions of intemperance should be clearly described, that those whose condition is not irretrievable may perceive their danger and escape, and that all who are free may be warned off from these places of temptation and ruin. For the benefit of the young especially, I propose to lay
down a map of the way to destruction, and to rear a monument of woe upon every spot where a wayfaring man has been ensnared and destroyed.

The first occasion of intemperance which I shall mention is found in the free and frequent use of ardent spirits in the family, as an incentive to appetite, an alleviation of lassitude, or an excitement to cheerfulness. In these reiterated indulgences, children are allowed to partake, and their tender organs of digestion are early perverted, and predisposed to habits of intemperance. No family, it is believed, accustomed to the daily use of ardent spirits, ever failed to plant the seeds of that dreadful disease which sooner or later produced a harvest of woe. The material of so much temptation and mischief ought not to be allowed a place in the family, except only as a medicine; and even then it would be safer in the hands of the apothecary, to be sent for like other medicine, when prescribed.

Ardent spirits, given as a matter of hospitality, are not unfrequently the occasion of intemperance. In this case, the temptation is a stated inmate of the family. The utensils are present, and the occasions for their use are not unfrequent. And when there is no guest, the sight of the liquor, the state of the health, or even lassitude of spirits, may indicate the propriety of the "prudent use;" until the "prudent use" becomes, by repetition, habitual use, and habitual use becomes irre-
claimable intemperance. In this manner, doubtless, has many a father and mother, and son and daughter, been ruined for ever.

Of the guests, also, who partake of this family hospitality, the number is not small who become ensnared, especially among those whose profession calls them to visit families often, and many on the same day. Instead of being regarded, therefore, as an act of hospitality, and a token of friendship, to invite our friends to drink, it ought to be regarded as an act of incivility to place ourselves and them in circumstances of such high temptation.

Days of public convocation are extensively the occasions of excess which eventuates in intemperance. The means and temptations are ostentatiously multiplied: and multitudes go forth prepared and resolved to yield to temptation, while example and exhilarated feeling secure the ample fulfillment of their purpose. But when the habit is once acquired of drinking even "prudently," as it will be called, on all the days of public convocation which occur in a year, a desire will be soon formed of drinking at other times, until the healthful appetite of nature is superseded by the artificial thirst produced by ardent spirits.

Evening resorts for conversation, enlivened by the cheering bowl, have proved fatal to thousands. Though nothing should be boisterous, and all should seem only
the "feast of reason and the flow of soul," yet, at the latter end, "it biteeth like a serpent, and stingeth like an adder." Many a wretched man has shaken his chains, and cried out, in the anguish of his spirit, "Oh that accursed resort of social drinking! there my hands were bound and my feet put in fetters; there I went a free man, and became a slave—a temperate man, and became a drunkard."

In the same class of high temptation are to be ranked all convivial associations for the purpose of drinking, with or without gambling and late hours. There is nothing which young men of spirit fear less than the exhilaration of drinking on such occasions, nor anything which they are less able to resist than the charge of cowardice when challenged to drink; but there is no one form of temptation before which more young men of promise have fallen into irretrievable ruin. The connexion between such beginnings and a fatal end is so manifest, and the presumptuous daring of Heaven is so great, that God, in his righteous displeasure, is accustomed to withdraw his protection and abandon the sinner to his own way.

Feeble health and mental depression are to be numbered among the occasions of intemperance. The vital sinking, and muscular debility, and mental darkness, are for a short time alleviated by the application of stimulants. But the cause of this momentary alleviation
is applied and repeated, until the habit of excessive drinking is formed, and has become irresistible.

Medical prescriptions have no doubt contributed to increase the number of the intemperate. Ardent spirits, administered in the form of bitters, or as the medium of other medicine, have lost in the destroyer; and while the patient was seeking health at the hand of the physician, he was dealing out debility and death.

The distillation of ardent spirits fails not to raise up around the establishment a generation of drunkards. The cheapness of the article and the ease with which families can provide themselves with large quantities, the product of their own labour, eventuate in frequent drinking and widespread intemperance.

The vending of ardent spirits, in places licensed or unlicensed, is a tremendous evil. Here those who have no stated employment, lose away the day for a few potations of rum, and here those who have finished the toils of the day meet to spend a vacant hour—none content to be lookers-on; all drink, and none for any length of time drink temperately. Here, too, the children of a neighbourhood, drawn in by enticements, associate for social drinking and the exhibition of courage and premature manhood; and here the iron hand of the monster is fastened upon them at a period when they ought not to have been beyond the reach of maternal observation.

The continued habit of dealing out ardent spirits in
various forms and mixtures leads also to frequent tasting, 
and tasting to drinking, and drinking to tippling, and 
tippling to drunkenness.

A resort to ardent spirits as an alleviation of trouble 
results often in habits of confirmed intemperance. The 
loss of friends, perplexities of business, or the wreck of 
property, bring upon the spirits the distractions of care 
and the pressure of sorrow; and instead of casting their 
cares upon the Lord, they resort to the exhilarating 
drinking; but before the occasion for it has ceased, the 
remedy itself has become a calamity more intolerable 
than the disease. Before, the woes were temporary; 
now, they have multiplied, and have become eternal.

The use of ardent spirits to invigorate the intellect or 
restore exhausted nature under severe study is often a 
fatal experiment. Mighty men have been cast down in 
this manner, never to rise. The quickened circulation 
does for a time invigorate intellect and restore exhausted 
nature; but for the adventitious energy impacted, it 
exhausts the native energy of the soul, and induces that 
faintness of heart and flagging of the spirits which cry 
incessantly, “Give! give!” and never, but with expiring 
breath, say, “It is enough.”

The use of ardent spirits, employed as an auxiliary to 
labour, is among the most fatal, because the most common 
and least suspected, causes of intemperance. It is justified 
as innocent—it is insisted on as necessary; but no
fact is more completely established by experience than that it is utterly useless, and ultimately injurious, besides all the fearful evils of habitual intemperance to which it so often leads. There is no nutrition in ardent spirit. All that it does is to concentrate the strength of the system, for the time, beyond its capacity for regular exertion. It is borrowing strength for an occasion which will be needed for futurity, without any provision for payment, and with the certainty of ultimate bankruptcy.

The early settlers of New England endured more hardship, and performed more labour, and carried through life more health and vigour, than appertains to the existing generation of labouring men. And they did it without the use of ardent spirits.

Let two men of equal age and firmness of constitution labour together through the summer, the one with and the other without the excitement of ardent spirits, and the latter will come out at the end with unimpaired vigour, while the other will be comparatively exhausted. Ships navigated, as some now are, without the habitual use of ardent spirits, and manufacturing establishments carried on without, and extended agricultural operations, all move on with better industry, more peace, more health, and a better income to the employers and the employed. The workmen are cheerful and vigorous, friendly and industrious, and their families are thrifty,
welfed, well-clothed, and instructed; and instead of distress and poverty, and disappointment and contention, they are cheered with the full flow of social affections, and often by the restraining power of religion. But where ardent spirit is received as a daily auxiliary to labour, it is commonly taken at stated times: the habit soon creates a vacancy in the stomach, which indicates, at length, the hour of the day with as much accuracy as a clock. It will be taken, besides, frequently at other times, which will accelerate the destruction of nature's healthful tone, create artificial debility, and the necessity of artificial excitement to remove it; and when so much has been consumed as the economy of the employer can allow, the growing demand will be supplied by the evening and morning draughts from the wages of labour, until the appetite has become insatiable, and the habit of intemperance nearly universal; until the nervous excitability has abated the social sensibilities and turned the family into a scene of babbling and woe; until voracious appetite has eaten up the children's bread, and abandoned them to ignorance and crime; until conscience has become callous, and fidelity and industry have disappeared, except as the result of eye-service; and wanton wastefulness, and contention, and reckless wretchedness, characterise the establishment.
LECTURE II.

THE SIGNS OF INTEMPERANCE.

Who hath wine? who hath sorrow? who hath contention? wine hath been their bane. It is their cup when they are sorrowful; they thereof are inebriated; they that go to seek mixed wine.

Look not upon the wine when it is red, when it giveth his colour in the cup, when it moveth itself aright. At the last it biteth like a serpent, and saddeneth like an adder. Thine eyes shall behold strange women, and thy heart shall utter perverse things. Yes, then shall he be as he that lieth down in the midst of the sea, or as he that lieth upon the top of a mast. They have deceived me, they have lied unto me, and I was as one that was not. They have beaten me, and I knew it not; when shall I awake? I will seek it yet again. —Proverbs xxi. 29—35

In the preceding lecture I considered the nature and occasions of intemperance. In this, I shall disclose some of the symptoms of this fearful malady, as they affect both the body and the mind; that everyone who in any degree addicted to the sin may be apprised of his danger, and save himself before it be too late.

In the early stages of intemperance, reformation is practicable. The calamity is, that intemperance is a sin so deceitful that most men go on to irretrievable ruin, warned, indeed, by many indications, but unavailing, because they understand not their voices.

It is of vast importance, therefore, that the symptoms of intemperance should be universally and familiarly
known. The effects of the sin upon the body and upon the mind should be so described, in all its stages, from the beginning to the end, that everyone may see, and feel, and recognize these harbingers of death as soon as they begin to show themselves upon him.

1. One of the early indications of intemperance may be found in the associations of time and place.

In the commencement of this evil habit, there are many who drink to excess only on particular days, such as days for military exhibition, the anniversary of our Independence, the birthday of Washington, Christmas, New Year's-day, Election, and others of the like nature. When any of these holidays arrive—and they come as often almost as saints' days in the calendar—they bring with them to many the insatiable desire of drinking, as well as a dispensation from the sin as efficacious and quieting to the conscience as Papal indulgences.

There are some, I am aware, who have recommended the multiplication of holidays and public amusements as a remedy for intemperance; about as wise a prescription as the multiplying of gambling-houses to put an end to gambling, or the building of theatres to correct the evils of the stage.

There are others who feel the desire of drinking stirred up within them by the associations of place. They could go from end to end of a day's journey without ardent spirits, were there no taverns on the road; but the very
sight of those receptacles of pilgrims awakens the desire, "just to step in and take something." And so powerful does this association become, that many will no more pass the tavern than they would pass a fortified place, with all the engines of death directed against it.

There are in every city, town, and village places of resort which, in like manner, as soon as the eye falls upon them, awake the thirst of drinking; and many who, in coming to market or on business, pass near them, pay toll there as regularly as they do at the gates, and sometimes both when they come in and when they go out. In cities and their suburbs, there are hundreds of shops at which a large proportion of those who bring in produce stop regularly to receive the customary beverage.

In every community you may observe particular persons, also, who can never meet without feeling the simultaneous desire of strong drink. What can be the reason of this? All men, when they meet, are not affected thus. It is not uncommon for men of similar employments to be drawn by association, when they meet, to the same topics of conversation: physicians, upon the concerns of their profession; politicians, upon the events of the day; and Christians, when they meet, are drawn by a common interest to speak of the things of the kingdom of God. But this is upon the principle of a common interest in these subjects, which have no slight hold upon the thoughts and affections. Whoever, then, finds him-
self tempted, on meeting his companion or friend, to say, 
"Come, let us go and take something," or to make it his 
first business to set out his decanter and glasses, ought to 
understand that he discloses his own inordinate attach-
ment to ardent spirits, and accuses his friend of intem-
perance.

2. A disposition to multiply the circumstances which 
finish the occasions and opportunities for drinking may 
justly create alarm that the habit is begun. When you 
find occasions for drinking in all the variations of the 
weather, because it is so hot or so cold, so wet or so dry, 
and in all the different states of the system—when you 
are vigorous, that you need not tire—and when tired, that 
your vigour may be restored—you have approached near 
to that state of intemperance in which you will drink in 
all states of the weather and conditions of the body, and 
will drink with these pretexts, and drink without them, 
whenever their frequency may not suffice. In like man-
ner, if on your farm, or in your store or workshop, or on 
board your vessel, you love to multiply the catches and 
occasions of drinking, in the forms of treats for new 
owners, for mistakes, for new articles of dress or furniture, 
until in some places a man can scarcely wear an article of 
dress, or receive one of equipage or furniture, which has 
not been "wetted," you may rely on it that all these usages, 
and rules, and laws are devices to gratify an inordinate 
and dangerous love of strong drink; and though the
master of the shop should not himself come down to such little measures, yet if he permits such things to be done, if he hears and sees, and smiles, and sometimes sips a little of the forfeited beverage, his heart is in the thing, and he is under the influence of a dangerous love of that hilarity which is produced by strong drink.

It is infallible evidence that you have already done violence to nature, that the undermining process is begun, that the overworked organ begins to flag, and cry out for adventitious aid with an importunity which, if indulged, will become more deep-toned, and imperative, and irresistible, until the power of self-denial is gone, and you are a ruined man. It is the vortex begun, which, if not checked, will become more capacious and deep, and powerful and loud, until the interests of time and eternity are engulfed.

It is here, then, beside this commencing vortex, that I would take my stand, to warn off the heedless navigator from destruction. To all who do but hover in sight, and with voice that should rise above the winds and waves, I would cry, "Stand off! spread the sail, ply the oar, for death is here!" And could I command the elements, the blackness of darkness should gather over this gateway to hell, and loud thunders should utter their voices, and
The Signs of Intemperance.

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Lurid fires should blaze, and the groans of unearthly voices should be heard, inspiring consternation and flight in all who came near. For this is the parting-point between those who forsake danger and hide themselves, and the foolish who press on and are punished. He who escapes this periodical thirst of times and seasons will not be a drunkard, as he who comes within the reach of this powerful attraction will be sure to perish. It may not be certain that everyone will become a sot; but it is certain that everyone will enfeebles his body, generate disease, and shorten his days. It may not be certain that everyone will sacrifice his reputation, or squander his property and die in the almshouse; but it is certain that a large proportion will come to poverty and infamy of those who yield daily to the periodical appetite for ardent spirits. Here is the stopping-place: and though beyond it men may struggle, and retard and modify their progress, none comparatively who go by it will return again to purity of enjoyment and the sweets of temperate liberty. The servant has become the master, and, with a rod of iron and a whip of scorpions, he will torment, even before their time, the candidates for misery in a future state.

4. Another sign of intemperance may be found in the desire of concealment. When a man finds himself disposed to drink often and more than he is willing to do before his family and the world, and begins to drink slyly
and in secret places, he betrays a consciousness that he is disposed to drink more than to others will appear safe and proper; and what he supposes others may think, he ought to suppose they have cause to think, and reform instantly. For now he has arrived at a period in the history of intemperance where, if he does not stop, he will hasten on to ruin with accelerated movement. So long as the eye of friendship and a regard to public observation kept him within limits, there was some hope of reformation; but when he cuts this last cord, and launches out alone with his boat and bottle, he has committed himself to mountain waves and furious winds, and probably will never return.

5. When a man allows himself to drink always in company so much as he may think he can bear without awakening in others the suspicion of intemperance, he will deceive himself, and no one besides—for abused Nature herself will publish the excess, in the bloated countenance, and flushed visage, and tainted breath, and inflamed eye; and were all these banners of intemperance struck, the man with his own tongue will reveal his shame. At first, there will be something strange in his appearance or conduct to awaken observation and induce scrutiny, until, at length, with all his carefulness, in some unguarded moment, he will take more than he can bear. And now the secret is out, and these unaccountable things are explained; these exposures will become more
request, the unhappy man still dreaming that, though he erred a little, he took such good care to conceal it that no one knew it but himself. He will even talk when his tongue is palsied, to ward off suspicion; and thrust himself into company, to show that he is not drunk.

6. Those persons who find themselves, for some cause, always irritated when efforts are made to suppress intemperance, and moved by some instinctive impulse to make opposition, ought to examine instantly whether the love of ardent spirits is not the cause of it.

An aged country merchant, of an acute mind and sterling reputation, once said to me, “I never knew an attempt made to suppress intemperance which was not opposed by some persons from whom I should not have expected opposition; and I never failed to find, first or last, that these persons were themselves implicated in the sin.” Temperate men seldom, if ever, oppose the movements in favour of temperance.

7. We now approach some of those symptoms of intemperance which abused Nature, first or last, never fails to give.

The eyes—“Who hath redness of eyes?” All are not, of course, intemperate, whose visual organs become inflamed and weak. But there are few intemperate persons who escape this malady; and yet, when it comes, they have no suspicion of the cause—speak of it without em-
barrassment, and wonder what the matter can be, apply to the physician for eye-water, and drink on. But every man who is accustomed to drink ardent spirits freely, whose eye begins to reddens and to weep, ought to know what the matter is, and to take warning: it is one of the signals which distressed Nature holds out and waves in token of distress.

Another indication of intemperance is found in the fulness and redness of the countenance. It is not the fulness and redness of health, but rather the plethora of a relaxed fibre and hectic humours, which come to occupy the vacancy of healthful nutrition, and to mar the countenance with pimples and inflammation. All are not intemperate, of course, who are affected with diseases of the skin. But no hard drinker carries such a face without a guilty and specific cause; and it is another signal of distress which abused Nature holds out, while she cries for help.

Another indication of intemperance may be found in impaired muscular strength, and tremor of the hand. Now the destroyer in his mining process approaches the citadel of life, and is advancing fast to make the keepers of the house tremble, and the strong men bow themselves: this relaxation of the joints and trembling of the nerves will be experienced especially in the morning, when the system, unsustained by sleep, has run down. Now all is relaxed, tremulous, and faint-hearted. The fire which
sparkled in the eye the evening before is quenched, the
courage which dilated the heart is passed away, and the
tones of eloquence which dwelt on the inspired tongue
are turned into pusillanimous complaining; until opium,
or bitters, or both, are thrown into the stomach, to wind
up again the run-down machine.

And now the liver, stooped in fire, begins to contract,
and refuses to perform its functions in preparing the se-
cretions which are necessary to aid digestion: and loss of
appetite ensues; and indigestion, and fermentation, and
acidity begin to rob the system of nutrition, and to vex
and irritate the vital organ, filling the stomach with air,
the head with fumes, and the soul with darkness and terror.

This reiterated irritation extends by sympathy to the
lungs, which become inflamed and lacerated, until he-
morrhage ensues. And now the terrified victim hastens
to the physician to stay the progress of a consumption
which intemperance has begun, and which medical treat-
ment, while the cause continues, cannot arrest.

About this time, the fumes of the scalding furnace
below begin to lacerate the throat, and blister the tongue
and the lip. Here, again, the physician is called in to ease
these torments; but until the fires beneath are extinct,
what can the physician do? He can no more alleviate
these woes than he can carry alleviation to the tormented
in the flames for which these are the sad preparations.

Another indication of intemperance is irritability,
petulance, and violent anger. The great organ of nervous sensibility has been brought into a state of tremulous excitement. The slightest touch causes painful vibrations and irritations, which defy self-government. The temper becomes like the flash of powder, or ungovernable and violent as the helm driven hither and thither by raging winds and mountain waves.

Another indication of intemperance is to be found in the extinction of all the finer feelings and amiable dispositions of the soul; and if there have ever seemed to be religious affections, of these also the fiery stimulus has raised the organ of sensibility above the power of excitement by motives addressed to the finer feelings of the soul and of the moral nature, and left the man a prey to animal sensation. You might as well fling out music upon the whirlwind to stay its course, as to govern the storm within by the gentler feelings of humanity. The only stimulant which now has power to move is ardent spirit; and he who has arrived at this condition is lost. He has left far behind the wreck of what he once was. He is not the same husband, or father, or brother, or friend. The sea has made a clear breach over him, and swept away for ever whatsoever things are pure, and lovely, and of good report.

And as to religion, if he ever seemed to have any, all such affections declined as the emotions of artificial stimulants arose, until conscience has lost its power, or
survives only with vulture scream to flap the wing and terrify the soul. His religious affections are dead when he is sober, and rise only to emotion and incapacity, and tears when he is drunk. Dead, twice dead, is he, whatever may have been the hopes he once indulged, or the evidence he once gave, or the hopes he once inspired; the drunkards, no more than murderers, shall inherit the kingdom of God.

As the disease makes progress, rheumatic pains diffuse themselves throughout the system. The man wonders what can be the reason that he should be visited by such a complication of diseases, and again betakes himself to the physician, and tries every remedy but the simple one of temperance; for these pains are only the murmurings and complaining of nature, through all the system giving signs of woe that all is lost. For no rheumatic pains ensue a debility of the system, which, becoming unable to sustain the circulation, the fluids fall first upon the head; and as the deluge rises, the chest is invaded, and the breath is shortened, until by a sudden inundation it is stopped. Or, if in this form death is avoided, it is only to be met in another, more terrible but no less terrible; for now comes on the last catastrophe—the sudden prostration of strength and appetite, an increased difficulty of raising the ebbing tide of life by stimulants, a few panic-struck reformations, just on the sides of the pit, until the last sinking comes, from which there is
no resurrection but by the trump of God and at the judgment-day.

And now the woes, and the sorrows, and the contentions, and the wounds, and babblings are over; the red eye sleeps, the tortured body rests, the deformed visage is hid from human observation; and the soul, while the dust crumbles back to dust, returns to God who gave it to receive according to the deeds done in the body.

Such is the evil which demands a remedy. And what can be done to stop its ravages, and rescue its victims?

This is not the place to say all that belongs to this part of the subject; but we cannot close without saying, by anticipation, a few things here; and—

1. There should be extended through the community an all-pervading sense of the danger there is of falling into this sin. Intemperance is a disease as well as a crime; and were any other disease as contagious or as marked by symptoms, and as mortal, to pervade the land, it would create universal consternation, for the plague is scarcely more contagious or deadly; and yet we mingle fearlessly with the diseased, and, in spite of admonition, we bring into our dwellings the contagion, apply it to the lip, and receive it into the system.

I know that much is said about the prudent use of ardent spirit; but we might as well speak of the prudent use of the plague, of fire handed prudently around among
powder, of poison taken prudently every day, or of vipers and serpents introduced prudently into our dwellings, to glide about as a matter of courtesy to visitors, and of amusement to our children.

First or last, in spite of your prudence, the contagion will take; the fatal spark will fall upon the train, the deleterious poison will tell upon the system, and the fang of the serpent will inflict death. There is no prudent use of ardent spirit but when it is used as a medicine. All who receive it into the system are not destroyed by it. But if any vegetable were poisonous to as many as the use of ardent spirit proves destructive to, it would be banished from the table; it would not be prudent to use it at all. If, in attempting to cross a river upon an elastic beam, as many should fall in and be drowned as attempt to use ardent spirit prudently and fail, the attempt to cross in that way would be abandoned—there would be no prudent use of that mode of crossing. The effect of attempting to use ardent spirit prudently is destructive to such multitudes as to preclude the possibility of prudence in the use of it. With a knowledge of the deceitful nature of this sin, and its irresistible power when it has obtained an ascendancy, no man, while he uses ardent spirit, can, without mocking God, offer the prayer, “Lead us not into temptation.” There is no necessity for using it at all, and it is presumptuous to do so.

2. A wakeful recollection should be maintained of the
distinction between intemperance and drunkenness. So long as men suppose that there is neither crime nor danger in drinking, short of what they denominate drunkenness, they will cast off fear, and move onward to ruin by a silent, certain course, until destruction comes upon them, and they cannot escape. It should be known, therefore, and admitted, that to drink daily at stated times any quantity of ardent spirit is intemperance, or to drink periodically, as often as days, and times, and seasons may furnish temptation and opportunity, is intemperance. It may not be for any one time the intemperance of animal or mental excitement, but it is an innovation upon the system, and the beginning of a habit which cannot fail to generate disease, and will not be pursued by one hundred men without producing many drunkards.

It is not enough, therefore, to erect the flag ahead, to mark the spot where the drunkard lies. It must be planted at the entrance of his course, proclaiming, in waving capitals. This is the way to death! Over the whole territory of "prudent use" it must wave and warn; for, if we cannot stop men in the beginning, we cannot separate between that and the end. He who lets ardent spirit alone before it is meddled with is safe, and he only. It should be in every family a contraband article; or, if it be admitted, it should be allowed for medical purposes only. It should be labelled as we label laudanum; and
Touched not, taste not, handle not, should meet the eye on every vessel which contains it.

Children should be taught early the nature, symptoms, and danger of this sin, that they may not unwittingly fall under its power. To save my own children from this sin has been no small part of my solicitude as a parent; and I can truly say that, should any of my children perish in this way, they will not do it ignorantly nor unwarned. I do not remember that I ever gave permission to a child to go out on a holiday, or gave a pittance of money to be expended for his gratification, unattended by the earnest injunction not to drink ardent spirits, or any inebriating liquor; and I cannot but believe that, if proper exertions are made in the family to apprise children of the nature and danger of this sin, and to put them on their guard against it, opinions, and feelings, and habits might be so formed that the whole youthful generation might rise up as a rampart, against which the fiery waves of intemperance would dash in vain, saying, "Hither shalt thou come, but no further; and here shall thy proud waves be stayed." To all our schools, instruction on this subject should be communicated; and the Sabbath-schools now spreading through the land may in this manner lend a mighty influence to prevent the intemperance of the rising generation.

In respect to the reformation of those over whom the habit of intemperance has obtained an ascendancy, there
is but one alternative; they must resolve upon immediate and entire abstinence.

Some have recommended, and many have attempted, a gradual discontinuance. But no man's prudence and fortitude are equal to the task of reformation in this way. If the patient were in close confinement, where he could not help himself, he might be dealt with in this manner: but it would be cruelly protracting a course of suffering through months which might be ended in a few days. But no man at liberty will reform by gradual retreatment.

Substitutes have also been recommended as the means of reformation, such as opium, which is only another mode of producing inebriation, is often a temptation to intemperance, and not unfrequently unites its own forces with those of ardent spirits to impair health and destroy life. It is a preternatural stimulant, raising excitement above the tone of health, and predisposing the system for intemperate drinking.

Strong beer has been recommended as a substitute for ardent spirit, and a means of leading back the captive to health and liberty; but though it may not create intemperate habits as soon, it has no power to allay them. It will even finish what ardent spirit has begun; and with this difference only, that it does not rap the vital organs with quite so keen a file, and enables the victim to come down to his grave by a course somewhat more dilatory, and with more of the good-natured stupidity of
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the idiot, and less of the demoniac frenzy of the madman. Wine has been prescribed as a means of decoying the intemperate from the ways of death. But habit cannot be thus cheated out of its dominion, nor ravening appetite be amused down to a sober and temperate demand. If it be true that men do not become intemperate on wine, it is not true that wine will restore the intemperate, or stay the progress of the disease. Enough must be taken to screw up Nature to the tone of cheerfulness, or she will cry, "Give!" with an importunity not to be resisted; and long before the work of death is done, wine will fail to minister a stimulus of sufficient activity to rouse the flagging spirits, or will become acid on the enfeebled stomach, and brandy and opium will be called in to hasten to its consummation the dilatory work of self-destruction. So that, if no man becomes a sot upon wine, it is only because it hands him over to more fierce and terrible executioners of Heaven's delayed vengeance.

If in any instance wine suffices to complete the work of ruin, then the difference is only that the victim is stretched longer upon the rack, to die in torture with the gout, while ardent spirits finish life by a shorter and perhaps less painful course.

Retrenchments and substitutes, then, are idle; and if in any case they succeed, it is not in one of a thousand. It is the tampering of an infant with a giant, the effort of a kitten to escape from the paw of a lion.

There is no remedy for intemperance but the cessation
of it. Nature must be released from the unnatural war which is made upon her, and be allowed to rest; and then nutrition, and sleep, and exercise, will perform the work of restoration. Gradually the springs of life will recover tone, appetite will return, digestion become efficient, sleep sweet, and the muscular system vigorous, until the elastic heart, with every beat, shall send health through the system and joy through the soul.

But what shall be done for those to whom it might be fatal to stop short? Many are reputed to be in this condition, probably, who are not; and those who are may, while under the care of a physician, be dealt with as he may think best for the time, provided they obey strictly, as patients, his prescription. But if, when they are committed to their own care again, they cannot live without ardent spirits, then they must die, and have only the alternative to die as reformed penitents, or as incorrigibly intemperate—to die in a manner which shall secure pardon and admission to heaven, or in a manner which shall exclude them forever from that holy world.

As the application of this discourse, I would recommend to every one of you who hear it immediate and faithful self-examination, to ascertain whether any of the symptoms of intemperance are beginning to show themselves upon you. And let not the consideration that you have never been suspected, and have never suspected yourselves, of intemperance, deprive you of the benefit of this scrutiny:
for it is inattention and self-confidence which supersede discretion and banish fear, and let in the destroyer to fasten upon his victim before he thinks of danger, or attempts resistance.

Are there, then, set times, days, and places, when you calculate always to indulge yourself in drinking ardent spirits? Do you stop often to take something at the tavern when you travel, and always when you come to the village, town, or city? This frequency of drinking will plant in your system before you are aware of it the seeds of the most terrific disease which afflicts humanity. Have you any friends or companions whose presence, when you meet them, awakens the thought and desire of drinking? Both of you have entered on a course in which there is neither safety nor hope but from instant retreat.

Do any of you love to avail yourselves of every little catch and circumstance among your companions to bring out "a treat!" "Alas, my lord, there is death in the pot!"

Do you find the desire of strong drink returning daily, and at stated hours? Unless you intend to travel all the length of the highway of intemperance, it is time to stop; unless you intend soon to resign your liberty for ever, and come under a despotism of the most cruel and inexorable character, you must abandon the morning bitters, the noontide stimulant, and the evening bowl.

Do any of you drink in secret, because you are unwilling your friends or the world should know how much you
drink! You might as well cast loose in a frail boat before a hurricane, and expect safety; you are gone, gone irretrievably, if you do not stop.

Are you accustomed to drink, when opportunities present, as much as you can bear without any public tokens of inebriation? you are an intemperate man now; and unless you check the habit, you will become rapidly more and more intemperate, until concealment becomes impossible.

Do your eyes in any instance begin to trouble you by their weakness or inflammation? If you are in the habit of drinking ardent spirits daily, you need not ask the physician what is the matter, nor inquire for eye-water. Your redness of eyes is produced by intemperance; and abstinence, and that only, will cure them. It may be well for every man who drinks daily to look in the glass often, that he may see in his own face the signals of distress which abusèd Nature holds out one after another, and too often holds out in vain.

Do any of you find a tremor of the hand coming upon you, and sinking of spirits, and loss of appetite in the morning? Nature is failing, and giving to you timely admonition of her distress.

Do the pains of a disordered stomach and blistered tongue and lip begin to torment you? You are far advanced in the work of self-destruction; a few more years will probably finish it.
LECTURE III.

THE EVILS OF INTEMPERANCE.

Woe to him that soweth an evil stoutness to his house, that he may set his nest on high, that he may be delivered from the power of evil! Thou hast consulted shame to thy house by cutting off many people, and hast sinned against thy soul. For the stone shall cry out of the wall, and the beam out of the timber shall answer it.

Woe unto him that giveth his neighbour drink, that putteth thy bottle to him, and maketh him drunken also, that thou mayest look on their nakedness! They are filled with shame for glory: DRINK THOU ALSO, AND LET thy forhead be uncovered: the cup of the Lord's right hand shall be turned unto thee, and shameful spewing shall be on thy glory.

Habakkuk ii. 9—11, 15, 16.

In the preceding lectures, we have illustrated the nature, the occasions, and the symptoms of intemperance.

In this lecture, we propose to illustrate the evils of intemperance.

The physical and moral influence of this sin upon its victims has of necessity been disclosed in giving an account of the causes and symptoms of this criminal disease. We shall, therefore, take a more comprehensive view of the subject, and consider the effect of intemperance upon national prosperity. To this view of the subject the text leads us. It announces the general principle that communities which rise by a violation of the laws of humanity
and equity shall not prosper, and especially that wealth
amassed by promoting intemperance will bring upon the
community intemperance, and poverty, and shame as a
providential retribution.

1. The effects of intemperance upon the health and
physical energies of a nation are not to be overlooked, or
lightly esteemed.

No fact is more certain than the transmission of tem-
perament and of physical constitution, according to the
predominant moral condition of society from age to age.
Luxury produces effeminacy, and transmits to other
generations imbecility and disease. Bring up the genera-
tion of the Romans who carried victory over the world,
and place them beside the effeminate Italians of the
present day, and the effect of crime upon constitution
will be sufficiently apparent. Excesses unmake the man.
The stature dwindles, the joints are loosely compacted,
and the muscular fibre has lost its elastic tone. No
giant's bones will be found in the cemeteries of a nation
over whom for centuries the waves of intemperance have
rolled; and no unwieldy iron armour, the annoyance and
defence of other days, will be dug up as memorials of
departed glory.

The duration of human life, and the relative amount of
health or disease, will manifestly vary according to the
amount of ardent spirits consumed in the land. Even
now, no small proportion of the deaths which annually
make up our national bills of mortality are cases of those who have been brought to an untimely end, and who have, directly or indirectly, fallen victims to the deleterious influence of ardent spirits; fulfilling with fearful accuracy the prediction, The wicked "shall not live out half their days." As the jackal follows the lion to prey upon the slain, so do disease and death wait on the footsteps of inebriation. The free and universal use of intoxicating liquors for a few centuries cannot fail to bring down our race from the majestic, athletic forms of our fathers to the similitude of a despised and puny race of men. Already the commencement of the decline is manifest; and the consummation of it, should the causes continue, will not linger.

2. The injurious influence of general intemperance upon national intellect is equally certain, and not less to be deprecated.

To the action of a powerful mind, a vigorous muscular frame is, as a general rule, indispensable. Like heavy ordnance, the mind, in its efforts, recoils on the body, and will soon shake down a puny frame. The mental action and physical reaction must be equal; or, finding her energies unsustained, the mind herself becomes discouraged, and falls into despondency and imbecility. The flow of animal spirits, the fire and vigour of the imagination, the fulness and power of feeling, the comprehension and grasp of thought, the fire of the eye, the
tones of the voice, and the electrical energy of utterance, all depend upon the healthful and vigorous tone of the animal system; and by whatever means the body is unstrung, the spirit languishes. Cæsar, when he had a fever once, and cried, "Give me some drink. Tithonus!" was not that god who afterwards overthrew the republic, and reigned without a rival; and Bonaparte, it has been said, lost the Russian campaign by a fever. The greatest poets and orators who stand on the records of immortality flourished in the iron age, before the habits of effeminacy had unshackled the body and unstrung the mind. This is true of Homer, and Demosthenes, and Milton; and if Virgil and Cicero are to be classed with them, it is not without a manifest abatement of vigour for beauty, produced by the progress of voluptuousness in the age in which they lived.

The giant wits of Scotland are, some of them, men of threescore and ten, who still go forth to the athletic sports of their youthful days, with undiminished elasticity. The taper fingers of modern effeminacy never wielded such a pen as these men wield, and never will.

* The taste may be cultivated in alliance with effeminacy, and music may flourish while all that is manly is upon the decline; and there may be some fitful flashes of imagination in poetry, which are the offspring of a capricious-nervous excitability; and perhaps there may be sometimes an unimpassioned stillness of soul in a feeble body.
which shall capacitate for simple intellectual discrimination. But that fulness of soul, and diversified energy of mind, which is indispensable to national talent in all its diversified application, can be found only in alliance with an undebased and vigorous muscular system.

The history of the world confirms this conclusion. Egypt, once at the head of nations, has, under the weight of her own effeminacy, gone down to the dust. The victories of Greece let in upon her the luxuries of the East, and covered her glory with the night of ages. And Rome, whose iron foot trod down the nations and shook the earth, witnessed in her latter days faintness of heart, and the shield of the mighty vilely cast away.

3. The effect of intemperance upon the military prowess of a nation cannot but be great and evil. The mortality in the seasoning of recruits already half destroyed by intemperance will be double to that experienced among hardy and temperate men.

If, in the early wars of our country, the mortality of the camp had been as great as it has been since intemperance has facilitated the raising of recruits, New England would have been depopulated, Philip had remained lord of his wilderness, or the French had driven our fathers into the sea, extending from Canada to Cape Horn the empire of despotism and superstition. An army whose energy in conflict depends on the excitement of ardent spirits cannot possess the requisite coolness,
nor sustain the shock of a powerful onset, like an army of determined temperate men. It was the religious principle and temperance of Cromwell’s army that made it terrible to the licentious troops of Charles the First.

4. The effect of intemperance upon the patriotism of a nation is neither obscure nor doubtful. When excess has despoiled the man of the natural affections of husband, father, brother, and friend, and thrust him down to the condition of an animal, we are not to expect of him comprehensive views, and a disinterested regard for his country. His patriotism may serve as a theme of sinister profession, or inebriate boasting. But what is the patriotism which lives only in words, and in general and vicarious detail all the relative duties on which the welfare of country depends?

The man might as well talk of justice and mercy who robs and murders upon the highway, as he whose example is pestiferous, and whose presence withers the tender charities of life, and perpetuates weeping, lamentation, and woe. A nation of drunkards would constitute a hell.

5. Upon the national conscience or moral principle the effects of intemperance are deadly.

It obliterates the fear of the Lord and a sense of accountability, paralyzes the power of conscience, hardens the heart, and turns out upon society a sordid, selfish, ferocious animal.

6. Upon national industry, the effects of intemperance are manifest and mischievous.
The evils of intemperance.

The results of national industry depend on the amount of well-directed intellectual and physical power. But intemperance paralyses and prevents both these springs of human action.

In the inventory of national loss by intemperance may be set down the labour prevented by idleness, by debility, by sickness, by quarrels and litigation, by gambling and idleness, by mistakes and misdirected efforts, by improvidence and wastefulness, and by the shortened date of human life and activity. Little wastes in great establishments constantly occurring may defeat the energies of a mighty capital. But where the intellectual and muscular energies are raised to the working-point daily by ardent spirits, until the agriculture, and commerce, and arts of a nation move on by the power of artificial stimulus, that moral power cannot be maintained which will guarantee fidelity, and that physical power cannot be preserved and well directed which will insure national prosperity. The nation whose immense enterprise is thrust forward by the stimulus of ardent spirits cannot ultimately escape debility and bankruptcy.

When we behold an individual cut off in youth or in middle age, or witness the waning energies, improvidence, and unfaithfulness of a neighbour, it is but a single instance, and we become accustomed to it; but such instances are multiplying in our land in every direction, and are to be found in every department of labour, and
the amount of earnings prevented or squandered is incalculable; to all which must be added the accumulating and frightful expense incurred for the support of those and their families whom intemperance has made paupers. In every city and town the poor-tax, created chiefly by intemperance, is augmenting. The receptacles for the poor are becoming too strait for their accommodation. We must pull them down and build greater, to provide accommodations for the votaries of inebriation; for the frequency of going upon the town has taken away the reluctance of pride, and destroyed the motives to providence, with the fear of poverty and suffering once supplied. The prospect of a destitute old age, or of a suffering family, no longer troubles the vicious portion of our community. They drink up their daily earnings, and bless God for the poorhouse; and begin to look upon it as, of right, the drunkard’s home, and contrive to arrive thither as early as idleness and excess will give them a passport to this sanctuary of vice. Thus is the insatiable destroyer of industry marching through the land, rearing poorhouses, and augmenting taxation: night and day, with sleepless activity, squandering property, cutting the sinews of industry, undermining vigour, engendering disease, paralysing intellect, impairing moral principle, cutting short the date of life, and rolling up a national debt, invisible, but real and terrific as the debt of England; continually transferring larger and larger bodies of men
from the class of contributors to the national income to the class of worthless consumers.

Add to the loss sustained by the subtraction of labour and the shortened date of life the expense of sustaining the poor created by intemperance, and the nation is now taxed annually more than the expense which would be requisite for the maintenance of Government, and for the support of all our schools and colleges, and all the religious instruction of the nation. Already a portion of the entire capital of the nation is mortgaged for the support of drunkards. There seems to be no other vast property in the land but this inheritance of the intemperate; all other riches may make to themselves wings and fly away. But until the nation is bankrupt, according to the laws of the state, the drunkard and his family must have a home. Should the pauperism of crime augment in this country as it has done for a few years past, there is nothing to stop the frightful results which have come upon England, where property is abandoned in some parishes because the poor-tax exceeds the annual income. You who are husbandmen are accustomed to feel as if your houses and lands were wholly your own; but if you will ascertain the percentage of annual taxation levied on your property for the support of the intemperate, you will perceive how much of your capital is held by drunkards, by a tenure assured as if held under mortgages or deeds of warranty. Your widows and children do not
take by descent more certainly than the most prodigal
and worthless part of the community. Every intemperate
and idle man whom you behold tottering about the
streets, and loitering himself at the stores, regards your
houses and lands as pledged to take care of him—annually
puts his hands deep into your pockets, and eats his
bread in the sweat of your brows instead of his own; and
with marvellous good-nature you bear it. If a robber
should break loose on the highway, to levy taxation, an
armed force would be raised to hunt him from society;
but the tippler may do it fearlessly in open day, and not
a voice is raised, not a finger is lifted.

7. The effects of intemperance upon civil liberty may
not be lightly passed over.

It is admitted that intelligence and virtue are the
pillars of republican institutions, and that the illumina-
tion of schools, and the moral power of religious insti-
tutions, are indispensable to produce this intelligence and
virtue.

But who are found so uniformly in the ranks of irre-
ligion as the intemperate? Who like these violate the
Sabbath and set their mouth against the heavens,
neglecting the education of their families, and corrupting
their morals? Almost the entire amount of national
ignorance and crime is the offspring of intemperance.
Throughout the land the intemperate are hewing down
the pillars and undermining the foundations of our
national edifice. Legions have besieged it, and upon every gate the battle-axe rings; and still the sentinels sleep.

Should the evil advance as it has done, the day is not far distant when the great body of the labouring-classes of the community, the bones and sinews of the nation, will be contaminated; and when this is accomplished, the right of suffrage becomes the engine of self-destruction. For the labouring-classes constitute an immense majority; and when these are perverted by intemperance, ambition needs no better implements with which to dig the grave of our liberties, and entomb our glory.

Such is the influence of interest, ambition, fear, and indolence, that one violent partisan, with a handful of disciplined troops, may overrule the influence of five hundred temperate men who act without concert. Already is the disposition to temporise, to tolerate, and even to court the intemperate too apparent, on account of the apprehended retribution of their perverted suffrage. The whole power of law through the nation sleeps in the statute-book; and until public sentiment is roused and concentrated, it may be doubted whether its execution is possible.

Where is the city, town, or village in which the laws are not openly violated? and where is the magistracy that dares to carry into effect the laws against the vending or drinking of ardent spirits? Here, then, an aristocracy of bad influence has already risen up, which
bids defiance to law, and threatens the extirpation of
civil liberty. As intemperance increases, the power of
taxation will come more and more into the hands of men
of intemperate habits and perverted fortunes; of course,
the laws gradually will become subservient to the debtor,
and less efficacious in protecting the rights of property.
This will be a vital stab to liberty, to the security of
which property is indispensable. For money is the sinew
of war; and when those who hold the property of a
nation cannot be protected in their rights, they will
change the form of government—peaceably, if they may;
by violence, if they must.

In proportion to the numbers who have no right in
the soil, and no capital at stake, and no moral principle,
will the nation be exposed to violence and revolution.
In Europe the physical power is bereft of the right of
suffrage, and by the bayonet is kept down; but in this
nation the power which may be wielded by the intemperate and ignorant is tremendous. These are the troopers
of the future Caesars, by whose perverted suffrages our
future elections may be swayed, and ultimately our
liberties destroyed. They are the corps of irreligious and
desperate men, who have something to hope, and nothing
to fear, from revolution and blood. Of such materials
was the army of Catiline composed, who conspired against
the liberties of Rome. And in the French Revolution,
such men as Lafayette were soon swept from the helm.
by mobs composed of the dregs of creation, to give place to the revolutionary furies which followed.

We boast of our liberties, and rejoice in our prospective instrumentality in disinhralling the world; but our own foundations rest on the heaving sides of a burning mountain, through which, in thousands of places, the fire has burst out, and is blazing around us. If it cannot be extinguished, we are undone; our sun is fast setting, and the darkness of an endless night is closing in upon us.
LECTURE IV.

THE REMEDY OF INTEMPERANCE.

Woe to him that overleth an evil ointment to his house, that he may set his nest on high, that he may be delivered from the power of evil! Thou hast consigned shame to thy house by cutting off many people, and hast aimed against thy soul. For the stone shall cry out of the wall, and the beam out of the timber shall answer it.

Woe unto him that giveth his neighbour drink that pouseth thy bottle to him, and maketh him drunken also, that thou mayest look on their nakedness! Thou art filled with shame for glory. Drink thou also, and let thy forehead be answered: the cup of the Lord's right hand shall be turned unto thee, and ashamed spewing shall be on thy glory. —Habakkuk ii. 9—11, 13, 14.

We now come to the inquiry, by WHAT MEANS CAN THE EVIL OF INTEMPERANCE BE Stayed? And the answer is, not by any one thing; but by everything which can be put in requisition to hem in the army of the destroyer, and impede his march; and turn him back, and redeem the land.

Intemperance is a national sin, carrying destruction from the centre to every extremity of the country, and calling upon the nation to array itself en masse against it.

It is in vain to rely alone upon self-government, and voluntary abstinence. This, by all means, should be encouraged and enforced, and may limit the evil, but can never expel it. Alike hopeless are all the efforts of the
pulpit and the press, without something more radical, efficient, and permanent. If knowledge only, or argument, or motive were needed, the task of reformation would be easy; but argument may as well be exerted upon the wind, and motive be applied to chain down the waves. Thirst and the love of filthy lucre are incorrigible. Many may be saved by these means; but, with nothing more, many will be lost, and the evil will go down to other ages.

Alike hopeless is the attempt to stop intemperance by mere civil coercion. There is too much capital vested in the importation, distillation, and vending of ardent spirits, and too brisk a demand for their consumption in the market, to render mere legal enactments and prohibitions of sufficient influence to keep the practice of trafficking in ardent spirits within safe limits. As well might the ocean be poured out upon the Andes, and its waters be stopped from rushing violently down their sides. It would require an omniscient eye, and an almighty arm, punishing with speedy and certain retribution all delinquents, to stay the progress of intemperance in the presence of the all-pervading temptation of ardent spirits.

Magistrates will not, and cannot if they would, execute the laws against the unlawful vending and drinking of ardent spirits, amid a population who hold the right of suffrage, and are in favour of free indulgence.
The effort, before the public sentiment was prepared for it, would hurl them quick from their elevation, and exalt others who would be no terror to evil-doers. Our fathers could enforce morality by law; but the times are changed, and, unless we can regulate public sentiment and secure morality in some other way, we are undone.

Voluntary associations to support the magistrate in the execution of the law are useful, but, after all, are ineffectual; for though in a single town or state they may effect a temporary reformation, it requires an effort to make them universal and to keep up their energy, which never has been and never will be made.

Besides, the reformation of a town, or even of a state, is but emptying of its waters the bed of a river, to be instantly replaced by the waters from above; or, like the creation of a vacuum in the atmosphere, which is instantly filled by the pressure of the circumjacent air.

The remedy, whatever it may be, must be universal—operating permanently at all times and in all places. Short of this, everything which can be done will be but the application of temporary expedients.

There is somewhere a mighty energy of evil at work in the production of intemperance; and, until we can discover and destroy this vital power of mischief, we shall labour in vain.

Intemperance in our land is not accidental; it is rolling in upon us by the violation of some great laws of
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human nature. In our views and in our practice as a nation, there is something fundamentally wrong; and the remedy, like the evil, must be found in the correct application of general principles. It must be an universal and national remedy.

What, then, is this universal, natural, and national remedy for intemperance?

It is the banishment of ardent spirits from the list of lawful articles of commerce, by a correct and efficient public sentiment; such as has turned slavery out of half of our land, and will yet expel it from the world.

Nothing should now be said by way of crimination for the past; for verily we have all been guilty in this thing, so that there are few in the land whose brother's blood may not cry out against them from the ground, on account of the bad influence which has been lent in some way to the work of destruction.

We are not, therefore, to come down in wrath upon the distillers, and importers, and vendors of ardent spirits. None of us are enough without sin to cast the first stone. For who would have imported, or distilled, or vended, if all the nominally temperate in the land had refused to drink? It is the buyers who have created the demand for ardent spirits, and made distillation and importation a gainful traffic. And it is the custom of the temperate, too, which inundates the land with the
occasion of so much and such unmanageable temptation. Let the temperate cease to buy, and the demand for ardent spirits will fall in the market three-fourths, and ultimately will fail wholly, as the generation of drunkards shall hasten out of time.

To insist that men whose capital is embarked in the production or vending of ardent spirits shall manifest the entire magnanimity and self-denial which is needful to save the land, though the example would be glorious to them, is more than we have a right to expect or demand. Let the consumer do his duty; and the capitalist, finding his employment unproductive, will quickly discover other channels of useful enterprise. All language of impatient censure against those who embarked in the traffic of ardent spirits while it was deemed a lawful calling should therefore be forborne. It would only serve to irritate, and arouse prejudice, and prevent investigation, and concentrate a deaf and deadly opposition against the work of reformation. No ex post facto laws. Let us all rather confess the sins which are past, and leave the things which are behind, and press forward in one harmonious attempt to reform the land and perpetuate our invaluable blessings.

This, however, cannot be done effectually, so long as the traffic in ardent spirits is regarded as lawful, and is patronised by men of reputation and moral worth in every part of the land. Like slavery, it must be regarded
as sinful, impolitic, and dishonourable. That no measures will avail, short of rendering ardent spirits a contraband of trade, is nearly self-evident.

Could intemperance be stopped, did all the rivers in the land flow with inebriating and fascinating liquids? But the abundance and cheapness of ardent spirits is such that, surrounded as it is by the seductions of company and every artifice of entertainment, it is more tempting and fatal than if it flowed freely as water. Then, like the inferior creation, men might be expected to drink when athirst, and to drink alone. But intemperance now is a social sin, and, on that account, exerts a power terrific and destructive as the plague.

That the traffic in ardent spirits, is wrong and should be abandoned as a great national evil, is evident from the following considerations:—

1. It employs a multitude of men, and a vast amount of capital, to no useful purpose. The medicinal use of ardent spirits is allowed; for this, however, the apothecary can furnish an adequate supply: but, considered as an article of commerce for ordinary use, it adds nothing to animal or social enjoyment, to muscular power, to intellectual vigour, or moral feeling. It does, indeed, produce paroxysms of muscular effort, of intellectual vigour, and of exhilarated feeling; but this is done only by an improvident draft upon nature by anticipation, to be punished by a languor and debility proportioned to
the excess. No man leaves behind him a more valuable product of labour, as the result of artificial stimulus, than the even industry of unstimulated nature would have produced; or blesses the world with better specimens of intellectual power, or instructs it by a better example, or drinks enjoyment from a fuller, sweeter cup, than that which nature provides. But if the premises are just, who can resist the conclusion? To what purpose is all this waste? Is it not the duty of every man to serve his generation in some useful employment? Is not idleness a sin? But in what respect does that occupation differ from idleness which adds nothing to national prosperity, or to individual or social enjoyment? Agriculture, commerce, and the arts are indispensable to the perfection of human character, and the formation of the happiest state of society; and if some evils are inseparable from their prosecution, there is a vast overbalancing amount of good. But where is the good produced by the traffic in ardent spirit to balance the enormous evils inseparable from the trade? What drop of good does it pour into the ocean of misery which it creates? And is all this expense of capital, and time, and effort, to be sustained for nothing? Look at the mighty system of useless operations; the fleet of vessels running to and fro; the sooty buildings throughout the land, darkening the heavens with their steam and smoke; the innumerable company of boats, and waggons, and
horsem and men—a more numerous cavalry than ever shook the blood-stained plains of Europe—a larger convey than ever bore on the waves the baggage of an army, and more men than were ever devoted at once to the work of desolation and blood. All these begin, continue, and end their days in the production and distribution of a liquid, the entire consumption of which is useless. Should all the capital thus employed, and all the gains acquired, be melted into one mass and thrown into the sea, nothing would be subtracted from national wealth or enjoyment. Had all the men and animals slept the whole time, no vacancy of good had been occasioned.

Is this, then, the manner in which rational beings should be willing to spend their days? in which immortal beings should fill up the short period of their probation, and make up the account to be rendered to God of the deeds done in the body? in which benevolent beings, desiring to emulate the goodness of the great God, should be satisfied to employ their powers?

It is admitted that the trade employs and sustains many families, and that, in many instances, the profits are appropriated to useful purposes. But this is no more than might have been said of the slave-trade. The same families might be as well sustained in some other way, and the same profits might be earned and applied to useful purposes in some other calling. The earth is not
so narrow, nor population so dense, nor the useful avocations so overstocked, as that large portions of time, and capital, and labour, may be devoted to the purpose of sustaining life merely, without reference to public utility.

The merchant who deals in ardent spirit is himself a loser; for a temperate population consume more, and pay better, and live longer than the intemperate; and among such a population, merchants would do more business, and secure better profits, than when they depend for any part of their gains upon the sale of ardent spirit. What merchant, looking out for a place where to establish himself in trade, would neglect the invitation of temperate, thrifty farmers and mechanics, and settle down in a village of riot and drunkenness, made up of tipplers, widows, and beggared children—of old houses, broken windows, and dilapidated fences!

I push not this argument reproachfully, but for the purpose of awakening conscientious investigation. We are a free people. No imperial aboes, or forest of bayonets, can make us moral and industrious, or turn us back if we go astray. Our own intelligence and moral energy must reclaim us, or we shall perish in our sins.

2. The amount of suffering and mortality inseparable from the commerce in ardent spirit renders it an unlawful article of trade.

The wickedness is proverbial of those who, in ancient days, caused their children to pass through the fire unto
Moloch. But how many thousands of children are there in our land who endure daily privations and sufferings which render life a burden, and would have made the momentary pang of infant sacrifice a blessing! Theirs is a lingering, living death. There never was a Moloch to whom were immolated yearly as many children as are immolated, or kept in a state of constant suffering, in this land of nominal Christianity. We have no drums and gongs to drown their cries; neither do we make convocations, and bring them all out for one mighty burning. The fires which consume them are slow fires, and they blaze balefully in every part of our land, through- out which the cries of injured children and orphans go up to heaven. Could all these woes, the product of intemperance, be brought out into one place, and the monster who inflicts the sufferings be seen personified, the nation would be furious with indignation. Humanity, conscience, religion, all would conspire to stop a work of such malignity.

We are appalled and shocked at the accounts from the East of widows burned upon the funeral piles of their departed husbands. But what if those devotees of superstition, the Brahmins, had discovered a mode of prolonging the lives of the victims for years amid the flames, and by these protracted burnings were accustomed to torture life away? We might almost rouse up a crusade to cross the deep, to stop by force such inhumanity. But, alas!
we should leave behind us, on our own shores, more wives in the fire than we should find of widows thus sacrificed in all the East—a fire, too, which, besides its action upon the body, tortures the soul, by lost affections, and ruined hopes, and prospective wretchedness.

It is high time to enter upon the business of collecting facts on this subject. The statistics of intemperance should be published; for no man has comprehended, as yet, the height, and depth, and length, and breadth of this mighty evil.

We execrate the cruelties of the slave-trade: the husband torn from his wife; the son from his father; brothers and sisters separated for ever; whole families in a moment ruined! But are there no similar enormities to be witnessed in the United States? None, indeed, perpetrated by the bayonet, but many, very many, perpetrated by intemperance.

Every year, thousands of families are robbed of fathers, brothers, husbands, friends. Every year, widows and orphans are multiplied, and grey hairs are brought with sorrow to the grave. No disease makes such inroads upon families, blast so many hopes, destroys so many lives, and causes so many mourners to go about the streets because man goeth to his long home.

We have heard of the horrors of the middle passage, the transportation of slaves—the chains, the darkness, the stench, the mortality, and living madness of woe—and it
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is dreadful. But bring together the victims of intemperance, and crowd them into one vast lazaret-house, and sights of woe quite as appalling would meet your eyes.

Yes, in this nation there is a "middle passage" of slavery, and darkness, and chains, and disease, and death.

But it is a middle passage, not from Africa to America, but from time to eternity; and not of slaves whom death will release from suffering, but of those whose sufferings at death do but just begin. Could all the sighs of those captives be wafted on one breeze, it would be loud as thunder. Could all their tears be assembled, they would be like the sea.

The health of a nation is a matter of vast importance, and none may directly and avowedly sport with it. The importation and dissemination of fevers for filthy lucre's sake would not be endured; and he who should import and plant the seed of trees which, like the fabled apes, poisoned the atmosphere, and paved the earth around with bones, would meet with universal execration. The construction of miasmas and stagnant lakes, sending out poisonous exhalations, and depopulating the country around, would soon be stopped by the interposition of law. And should a foreign army land upon our shores, to levy such a tax upon us as intemperance levies, and to threaten our liberties as intemperance threatens them, and to inflict such enormous sufferings as intemperance
inflicts, no mortal power could resist the tide of indignation that would overwhelm it.

It is only in the form of ardent spirit, in the way of a lawful trade extended over the entire land, that fevers may be imported and disseminated; that trees of death may be planted; that extensive morasses may be opened, and a moral pestilence spread over the nation; and that an armed host may land, to levy upon us enormous taxes, to undermine our liberties, bind our hands, and put our feet in fetters. This dreadful work is going on, and yet the nation sleeps. Say not that all these evils result from the abuse of ardent spirit; for, as human nature is constituted, the abuse is as certain as any of the laws of human nature. The commerce, therefore, in ardent spirit, which produces no good, and produces a certain and an immense amount of evil, must be regarded as an unlawful commerce, and ought, upon every principle of humanity, and patriotism, and conscience, and religion, to be abandoned and proscribed.
LECTURE V.

THE REMEDY OF INTEMPERANCE.

Woe to him that coveteth an evil coveteth to his house, that he may set his nest on high, that he may be delivered from the power of evil! Thou hast consulted shame to thy house by cutting off many people, and hast aimed against thy soul. For the stone shall cry out of the wall, and the beam out of the timber shall answer it.

Woe unto him that giveth his neighbour drink, that putteth thy bottle to him, and maketh him drunken also, that thou mayest look on their nakedness! Thou art filled with shame for glory: drink thou also, and let thy foreskin be uncovered: the cup of the Lord's right hand shall be turned unto thee, and shameful spewing shall be on thy glory. - Habakkuk ii. 9—11, 15, 16.

We have endeavoured to show that commerce in ardent spirit is unlawful—

1. Inasmuch as it is useless; and,

2. As it is eminently pernicious.

We now proceed to adduce further evidence of its unlawfulness; and observe,

3. That it seems to be a manifest violation of the command, "Thou shalt love thy neighbour as thyself," and of various other evangelical precepts.

No man can act in the spirit of impartial love to his neighbour who, for his own personal emolument, inflicts on him great and irreparable evil; for "love worketh no ill to his neighbour." Love will not burn a neigh-

...
hour's house, or poison his food, or blast his reputation, or
destroy his soul. But the commerce in ardent spirit does
all this inevitably and often. Property, reputation, health,
life, and salvation, fall before it.

The direct infliction of what is done indirectly would
subject a man to the ignominy of a public execution. Is
it not forbidden, then, by the command which requires
us to love our neighbour as ourselves? "Whatsoever ye
would that men should do to you, do ye even so to them."

Be willing to do for others whatever you may demand
of them, and inflict nothing upon them which you would
not be willing to receive. But who is willing to be made
a drunkard, and to have his property squandered and his
family ruined, for his neighbour's emolument? Good
were it for the members of a family if they had never been
born, rather than to have all the evils visited upon them
which are occasioned by the sale of ardent spirit.

It is scarcely a palliation of this evil that no man is
destroyed maliciously, or with any direct intent to kill;
for the certainty of evil is as great as if waters were
poisoned which some persons would surely drink, or as
if a man should fire, in the dark, upon masses of human
beings, where it must be certain that death would be the
consequence to some.

Those who engage in this traffic are exposed to tempta-
tions to intemperance which no man will needlessly en-
counter who has that regard to the preservation of his
own life and virtue which the law of God requires. All who are employed in vending ardent spirit in small quantities do not, of course, become intemperate; but the company in whose presence they pass so much of their time, and the constant habit of mixing and tasting, have been the means of casting down many strong men wounded. It is also a part of the threatened retribution that those who abuse property by promoting intemperance in others shall themselves be punished, by falling under the dominion of the same sin. "Woe unto him that giveth his neighbour drink, that putteth his bottle to him, and maketh him drunken also. Thou art filled with shame for glory: drink thou also, and let thy foreskin be uncovered; the cup of the Lord's right hand shall be turned unto thee, and shameful spewing shall be on thy glory."

The injustice which is so inseparable from the traffic in ardent spirit evinces its unlawfulness. Those who wield ardent spirit will continue to supply their customers, in many instances, after they have ceased to be competent to take care of their property. They are witnesses to their dealing with a slack hand, their improvidence, and the accumulation of their debts; and, to save themselves, must secure their own claims by obtaining mortgages on the property of those wretched victims, which they finally foreclose, and thus wind up the scene. And are they not in this way accessory to the stealing away of estates, and the ruin of families around them?
And can all this be done without violating the laws of humanity and equity? Human laws may not be able to prevent the wrong; but the cries of widows and orphans will be heard in heaven, and a retribution which human tribunals cannot award will be reserved for the day of judgment. Is it not an "evil covetousness" that rolls up an estate by such methods? It is like "building a town with blood, and establishing a city by iniquity." And can those who do thus escape the woe denounced against him "that giveth his neighbour drink, that putteth his bottle to him, and maketh him drunken?"

Can it be denied that the commerce in ardent spirit makes fearful havoc of property, morals, and life? Does it not shed blood as really as the sword, and more blood than is shed by war? In this point, none are better witnesses than physicians; and, according to their testimony, intemperance is one of the greatest destroyers of virtue, health, and life.

It is admitted that commerce generally lays a heavy tax upon life and morals, but it is an evil inseparable from a course of things which is actually indispensable to civilisation. The entire amelioration of the human condition seems to depend upon it; so that, were commerce to cease, agriculture would fall back to the simple production of a supply without surplus, destroying the arts, and cutting the sinews of industry. But the commerce in ardent spirit stands on a different ground; its
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evils are compensated by no greater good; it promotes no good purpose which would not prosper better without it; it does not afford property to those who engage in it which they might not accumulate in some other way; nor does it give the least adventitious aid to agriculture or the arts. Everything needful to a perfect state of society can exist without it; and with it such a state of society can never be attained. It retards the accomplishment of that prophecy of Scripture which foretells the time when the knowledge of the Lord shall cover the earth, and violence and fraud shall cease.

The consideration that those to whose injury we are accessory, by the sale of ardent spirit, are destroyed also by the perversion of their own free agency, and that the evil is silent and slow-paced in its march, doubtless subtracts in no small degree from the keen sense of accountability and crime which would attend the administration of arsenic, or the taking of life by the pistol or the dagger; as does also the consideration that although we may withhold the cup, yet from some other source the deleterious potion will be obtained.

But all this alters not the case. He who deliberately assists his neighbour to destroy his life is not guiltless because his neighbour is a free agent, and is also guilty; and he is accessory to the crime, though twenty other persons might have been ready to commit the same sin if he had not done it. Who would sell arsenic to his neigh-
bour to destroy himself, because he could obtain it elsewhere! Who would sell a dagger for the known purpose of assassination, because, if it were refused, it could be purchased in another place? We are accountable for our own wrong-doing, and liable to punishment at the hand of God, as really as if it had been certain that no one would do the deed if we did not.

The ungodliness in time, and the everlasting ruin in eternity, inseparable from the commerce in ardent spirits, proscribe it as an unlawful article of traffic.

Who can estimate the hatred of God, of his Word and worship, and of his people, which it occasions! or number the oaths and blasphemies it causes to be uttered, or the violations of the Sabbath, the impurities and indecencies, violence and wrong-doing, which it originates? How many thousands does it detain every Sabbath-day from the house of God, cutting them off from the means of grace, and hardening them against their efficacy? How broad is the road which intemperance alone opens to hell, and how thronged with travellers!

Why is all this increase of ungodliness and crime? Is not the desperate wickedness of the heart sufficient, without artificial excitement? If the commerce were inseparable from all the great and good ends of our social being, we might endure the evil for the sake of the good; and they only be accountable who abuse themselves. But here is an article of commerce spread over the land
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whose effect is evil only and continually, and which increases a hundredfold the energies of human depravity and the hopeless victims of future punishment.

Drunkenness is a sin which excludes from heaven. The commerce in human spirit, therefore, productive only of evil in time, fits for destruction and turns into hell multitudes which no man can number.

I am aware that, in the din of business and the eager thirst for gain, the consequences of one conduct upon our views and the future destiny of our fellow-men are not apt to be realized, or to modify our course.

But how not tied connected with all lawful avocations the welfare of the life that now is, and of that which is to come? And can we lawfully amass property by a course of trade which fills the land with beggars, and widows, and orphans, and crimes; which populates the graveyard with premature mortality, and the world of woe with the victims of despair? Could all the forms of evil produced in the land by intemperance come upon us in one harrid array, it would appal the nation, and put an end to the traffic in ardent spirit. If, in every dwelling built by blood, the stone from the wall should utter all the cries which the bloody traffic extorts, and the beam out of the timber should echo them back, who would build such a house, and who would dwell in it? What if in every part of the dwelling, from the cellar upward, through all the halls and chambers, babblings, and con-
tentions, and voices, and groans, and shrieks, and wailings, were heard day and night? What if the cold blood oozed out, and stood in drops upon the walls; and, by preternatural art, all the ghastly skulls and bones of the victims destroyed by intemperance should stand upon the walls in horrid sculpture within and without the building? Who would rear such a building? What if at eventide and at midnight the airy forms of men destroyed by intemperance were dimly seen haunting the distilleries and stores where they received their bane, or following the track of the ship engaged in the commerce—walking upon the waves, flitting athwart the deck, sitting upon the rigging, and sending up from the hold within, and from the waves without, groans, and loud laments, and wailings! Who would attend such stores? Who would labour in such distilleries? Who would navigate such ships?

Oh! were the sky over our heads one great whispering-gallery, bringing down about us all the lamentation and woe which intemperance creates, and the firm earth one sonorous medium of sound, bringing up around us from beneath the wailings of the damned, whom the commerce in ardent spirit had sent thither—those tremendous realities, assailing our senses, would invigorate our conscience, and give decision to our purpose of reformation! But these evils are as real as if the stone did try out of the wall, and the beam answered it; as real as if, day and night, the wailings were heard in every part of the dwel-
ling, and blood and skeletons were seen upon every wall; as real as if the ghastly forms of departed victims flitted about the ships, as she passed over the billows, and showed themselves nightly about stores and distilleries, and with unearthly voices screamed in our ears their loud lament. They were real as if the sky over our heads collected and brought down about us all the notes of sorrow in the land, and the firm earth should open a passage for the wailings of despair to come up from beneath.

But it will be said, What can be done? And ten thousand voices will reply, "Nothing! oh, nothing! Men always have drunk to excess, and they always will; there is so much capital embarked in the business of importation and distillation, and so much supposed gain in vending ardent spirit, and such an insatiable demand for it, and such ability to pay for it by high-minded, wise, independent freemen, that nothing can be done."

Then, farewell, a long farewell, to all our greatness! The present abuse of ardent spirit has grown out of what was the prudent use of it less than one hundred years ago; then there was very little intemperance in the land—most men, who drank at all, drank temperately. But if the prudent use of ardent spirit one hundred years ago has produced such results as now exist, what will the present intemperate use accomplish in a century to come? Let no man turn off his eye from this subject, or refuse to reason, and remain blind to the inference that there is
a moral certainty of a widespread ruin without reformation. The seasons are not more sure to roll, the sun to shine, or the rivers to flow, than the present enormous consumption of ardent spirit is sure to produce the most deadly consequences to the nation. It will be consumed in a compound ratio, and there is a physical certainty of the dreadful consequences. Have you taken the dimensions of the evil, its manifold and magnifying miseries, its sure-paced and tremendous ruin? And shall it come unresisted by prayer, and without a finger lifted to stay the desolation?

What if all men had cried out, as some did, at the commencement of the Revolutionary struggle. "Ales, we must submit! We must be taxed—nothing can be done! Oh, the fleets and armies of England, we cannot stand before them!" Had such counsels prevailed, we should have abandoned a righteous cause, and forfeited that aid of Heaven for which men are always authorized to trust in God who are disposed to do His will.

Nothing can be done! Why can nothing be done? Because the intemperate will not stop drinking, shall the temperate keep on and become drunkards? Because the intemperate cannot be reasoned with, shall the temperate become madmen? And because force will not avail with men of independence and property, does it follow that reason, and conscience, and the fear of the Lord will have no influence?
And because the public mind is now unenlightened, and unaware, and unconcentrated, does it follow that it cannot be enlightened, and roused, and concentrated in one simultaneous and successful effort? Reformations as much resisted by popular feeling, and impeded by ignorance, interest, and depraved obstinacy, have been accomplished, through the medium of a rectified public opinion; and no nation ever possessed the opportunities and the means that we possess of correctly forming the public opinion, nor was a nation ever called upon to attempt it by motives of such imperious necessity. Our all is at stake; we shall perish if we do not effect it. There is nothing that ought to be done which a free people cannot do.

The science of self-government is the science of perfect government, which we have yet to learn and teach, or this nation and the world must be governed by force. But we have all the means, and none of the impediments, which hinder the experiment amid the dynasties and feudal despotisms of Europe. And what has been done justifies the expectation that all which yet remains to be done will be accomplished. The abolition of the slave-trade, an event now almost accomplished, was once regarded as a chimera of benevolent dreaming; but the band of Christian heroes who consecrated their lives to the work may some of them survive to behold it achieved. This greatest of evils upon earth, this stigma of human nature, wide-
spread, deep-rooted, and intrenched by interest and state policy, is passing away before the unending requisitions of enlightened public opinion.

No great amelioration of the human condition was ever achieved without the concurrent effort of numbers; and no extended, well-directed application of moral influence was ever made in vain. Let the temperate part of the nation awake and reform, and concentrate their influence in a course of systematic action, and success is not merely probable, but absolutely certain. And cannot this be accomplished? Cannot the public attention be aroused and set in array against the traffic in ardent spirit, and against its use? With just as much certainty can the public sentiment be formed and put in motion as the waves can be moved by the breath of heaven, or the massive rock balanced on the precipice, can be pushed from its place of repose; and when the public sentiment once begins to move, its march will be as restless as the same rock thundering down the precipice. Let no man, then, look upon our condition as hopeless, or feel, or think, or say that nothing can be done. The language of Heaven to our happy nation is, "Be it unto thee even as thou wilt;" and there is no despondency more fatal or more wicked than that which refuses to hope and to act from the apprehension that nothing can be done.
LECTURE VI.

THE REMEDY OF INTEMPERANCE.

Woe to him that causeth an evil creature to his house, that he may set his nest on high, that he may be delivered from the power of evil! Thou hast consulted shame to thy house by cutting off many people, and hast sinned against thy soul. For the stone shall cry out of the wall, and the beam out of the timber shall answer it.

Woe unto him that giveth his neighbour drink, that pouseth thy bottle to him, and maketh him drunken also, that thou mayest look on their nakedness! Thou art filled with shame for glory, drink thou also, and let thy foreskin be uncovered: the cup of the Lord's right hand shall be turned unto thee, and shameful spewing shall be on thy glory.—Habakkuk ii. 9—11, 15, 16.

Let us now take an inventory of the things which can be done to resist the progress of intemperance. I shall set down nothing which is chimerical—nothing which will not commend itself to every man's judgment as entirely practicable.

1. It is entirely practicable to extend universal information on the subject of intemperance; its nature, causes, evils, and remedy, may be universally made known. Every pulpit and every newspaper in the land may be put in requisition to give line upon line on this subject, until it is done. The national Tract Society may, with great propriety, volunteer in this glorious work, and send out its warning voice by winged messengers all over the land.
And would all this accomplish nothing? It would prevent the formation of intemperate habits in millions of instances, and it would reclaim thousands in the early stages of this sin.

3. It is practicable to form an association for the special purpose of superintending this great subject, whose unerring energies shall be exerted in sending out agents to pass through the land, collect information, confer with influential individuals and bodies of men, deliver addresses at popular meetings, and form societies auxiliary to the parent institution. This not only may be done, but, I am persuaded, will be done, before another year shall have passed away.* Too long have we slept. From every part of the land we hear of the doings of the destroyer, and yet the one-half is not told. But when the facts are collected and published, will not the nation be moved? It will be moved. All the laws of the human mind must cease, if such disclosures as may be made do not produce a great effect.

3. Something has been done, and more may be done, by agricultural, commercial, and manufacturing establishments in the exclusion of ardent spirit as an auxiliary to labour. Every experiment which has been made by capitalists to exclude ardent spirit and intemperance has

* These discourses were composed and delivered at Litchfield, in the year 1826. Since that time, the American Society for the Promotion of Temperance has been formed, and is now in successful operation.
succeeded, and greatly to the profit and satisfaction both of the labourer and his employer. And what is more natural and easy than the extension of such examples by capitalists and by voluntary associations in cities, towns, and parishes, of mechanics and farmers, whose resolutions and success may, from time to time, be published, to raise the flagging tone of hope, and assure the land of her own self-preserving powers? Most assuredly, it is not too late to achieve a reformation: our hands are not bound, our feet are not put in fetters; and the nation is not so fully set upon destruction as that warning and exertion will be in vain. It is not too much to be hoped that the entire business of the nation, by land and by sea, shall yet move on without the aid of ardent spirits, and by the impulse alone of temperate freemen. This would cut off one of the most fruitful occasions of intemperance, and give to our morals and to our liberties an earthly immortality.

The young men of our land may set glorious examples of voluntary abstinence from ardent spirits, and by associations for that purpose may array a phalanx of opposition against the encroachments of the destroyer; while men of high official standing and influence may cheer us by sending down the good example of their firmness and independence in the abolition of long-established but corrupting habits.

All the professions, too, may volunteer in this holy
cause, and each lift up its warning voice, and each concentrate the power of its own blessed example. Already, from all clerical meetings, the use of ardent spirits is excluded; and the medical profession have also commenced a reform in this respect which, we doubt not, will prevail. Nor is it to be expected that the bar, or the agricultural interest, as represented in agricultural societies, will be deficient in magnanimity and patriotic zeal in purifying the morals and perpetuating the liberties of the nation. A host may be enlisted against intemperance which no man can number, and a moral power be arrayed against it which nothing can resist.

All denominations of Christians in the nation may, with great ease, be united in the effort to exclude the use and the commerce in ardent spirits. They alike feel and deplore the evil, and, united, have it in their power to put a stop to it. This union may be accomplished through the medium of a national society. There is no object for which a national society is more imperiously demanded, or for which it can be reared under happier auspices. God grant that three years may not pass away before the entire land shall be marshalled, and the evils of intemperance be seen like a dark cloud passing off, and leaving behind a cloudless day.

The Churches of our Lord Jesus Christ, of every name, can do much to aid in this reformation. They are
organised to shine as lights in the world, and to avoid the very appearance of evil. A vigilant discipline is doubtless demanded in the cases of members who are of a lax and doubtful morality in respect to intemperance. It is not enough to cut off those who are past reformation, and to keep those who, by close watching, can be preserved in the use of their feet and tongue. Men who are mighty to consume strong drink are unfit members of that kingdom which consisteth not in "meat and drink," but in "righteousness and peace." The time, we trust, is not distant, when the use of ardent spirits will be proscribed by a vote of all the Churches in our land, and when the commerce in that article shall, equally with the slave-trade, be regarded as inconsistent with a credible profession of Christianity. All this, I have no doubt, can be accomplished with far less trouble than is now constantly occasioned by the maintenance or the neglect of discipline, in respect to cases of intemperance.

The Friends, in excluding ardent spirit from the list of lawful articles of commerce, have done themselves immortal honour; and in the temperance of their families, and their thrift in business, have set an example which is worthy the admiration and imitation of all the Churches in our land.

When the preceding measures have been carried, something may be done by legislation to discourage the
distillation and importation of ardent spirit, and to
discountenance improper modes of vending it. Then
the suffrage of the community may be expected to put
in requisition men of talents and integrity, who sus-
tained by their constituents, will not hesitate to frame
the requisite laws, and to give to them their salutary
power. Even now there may be an amount of suffrage
sufficient, could it be concentrated and expressed, to
sustain laws which might go to limit the evil; but it
is scattered, it is a dispersed, unorganized influence;
and any effort to suppress intemperance by legislation
now, before the public is prepared for an efficient
co-operation, would terminate only in defeat. Republics
must be prepared by moral sentiment for efficient legis-
lation.

Much may be accomplished to discountenance the
commerce in ardent spirits, by a silent, judicious dis-
tribution of patronage in trade.

Let that portion of the community who would exile
from society the traffic in ardent spirits bestow their
custom upon those who will agree to abandon it, and a
regard to interest will soon produce a competition in
well-doing. The temperate population of a city or town
are the best customers, and have it in their power to
render the commerce in ardent spirits disadvantageous
to those who engage in it. This would throw an irre-
sistible argument upon the side of reformation. There
are many now who would gladly be released from the necessity of dealing in spiritsuous liquors; but they think that their customers would not bear it. Let their sober customers, then, take off their fees on this hand and array them on the other, and a glorious reformation is achieved. When the temperate part of the community shall not only declare against mercantile establishments which thrive by the dissemination of moral corruption, but shall begin to act with a silent but determined discrimination, the work is done. And can any conscientious man fail to make the experiment? "To him that knoweth to do good and doeth it not, to him it is sin." If we counteract establishments in extending and perpetuating a national calamity, are we not partakers in other men’s sins? How many thousands may be saved from entering into temptation, and how many thousands rescued who have entered, if temperate families will give their custom to those who have abandoned the traffic in ardent spirits! And to how much crime, and suffering, and blood shall we be accessory, if we fail to do our duty in this respect! Let every man, then, bestow his custom in the fear of the Lord, and, as he expects to give an account, with joy or grief, of the improvement or neglect of that powerful means of effecting moral good.

When all these preliminary steps have been taken, petitions may be addressed to the Legislatures of the
States and to Congress by all denominations, each under its own proper name, praying for legislative interference to protect the health and morals of the nation. This will call to the subject the attention of the ablest men in the nation, and enable them to touch some of the springs of general action with compendious energy. They can reach the causes of disastrous action when the public sentiment will bear them out in it, and can introduce principles which, like the great laws of nature, will, with silent simplicity, reform and purify the land.

And now, could my voice be extended through the land to all orders and descriptions of men, I would "cry aloud and spare not." To the watchmen upon Zion's walls, appointed to announce the approach of danger, and to say unto the wicked man, "Thou shalt surely die," I would say, Can we hold our peace, or withhold the influences of our example, in such an emergency as this, and be guiltless of blood! Are we not called upon to set examples of entire abstinence? How otherwise shall we be able to preach against intemperance, and reprove, rebuke, and exhort? Talk not of "habit," and of "prudent use," and a little for the "stomach's sake." This is the way in which men become drunkards. Our security and our influence demand immediate and entire abstinence. If nature would receive a shock by such a reformation, it proves
that it has already been too long delayed, and can
safely be deferred no longer.

To the Churches of our Lord Jesus Christ, whom He
bath purchased with his blood, that He might redeem
them from all iniquity, and purify them to himself a
peculiar people, I would say, Beloved in the Lord, the
world hath need of your purified example; for who
will take a stand against the encroachments of intempe-
rance, if professors of religion will not? Will you not,
them, abstain from the use of it entirely, and exclude it
from your families? Will you not watch over one
another with greater vigilance, and lift an earlier note of
admonition, and draw tighter the bands of brotherly
discipline, and with a more determined fidelity cut off
those whom admonition cannot reclaim? Separate,
brethren, between the precious and the vile, the living
and the dead, and burn incense between them, that
the plague may be stayed.

To the physicians of the land I would cry for help,
in this attempt to stay the march of ruin. Beloved
men, possessing our confidence by your skill, and our
hearts by your zealfulness, in season of alarm and dis-
tress, combine, I beseech you, and exert, systematically
and vigorously, the mighty power you possess on this
subject over the national understanding and will! Be-
ware of planting the seeds of intemperance in the course
of your professional labours, and become our guardian
angels to conduct us in the paths of health and of virtue! Fear not the consequence of fidelity in admonishing your patients, when diseased by intemperance, of the cause and the remedy of their malady; and whenever one of you shall be rejected for your faithfulness, and another be called in to prophe-sy smooth things, let all the intemperate and all the land know that in the whole nation there are no false prophets among physicians, who for filthy lucre will cry "Peace!" to their intemperate patients, when there is no peace to them but in reformation. Will you not speak out on this subject in all your medical societies, and provide tracts, sanctioned by your high professional authority, to be spread over the land?

Ye magistrates, to whom the law has confided the discretionary power of giving licence for the vending of ardent spirits, and the sword for the punishment of the violations of law, though you alone could not resist the burning tide, yet, when the nation is moved with fear, and is putting in requisition her energies to strengthen your hands, will you not stand up to your duty, and do it fearlessly and firmly? No class of men in the community possess as much direct power as you possess; and, when sustained by public sentiment, your official influence and authority may be made irresistible. Remember, then, your designation by Heaven to office for this self-same thing; and, as you would maintain a
conscience void of offence, and give up to God a joyful account, be faithful! Through you, let the violated law speak out, and righteousness and peace become the stability of our times.

To the Governments of the States and of the nation, appointed to see to it "that the commonwealth receive no detriment," while they facilitate and guide the energies of a free people, and protect the boundless results of industry, I would say, beloved men and highly honoured, how ample and how enviable are your opportunities of doing good, and how trivial, and contemnible, and momentary are the results of civil policy merely, while moral principle, that main-spring of the soul, is impaired and destroyed by crime! Under the auspices of the National and State Governments, science, commerce, agriculture, and the arts flourish, and our wealth flows in like the waves of the sea. But where is the wisdom of filling up by a thousand streams the reservoir of national wealth, to be poured out again by as many channels of profusion and crime? Colleges are reared and multiplied by public munificence, while academies and common schools enlighten the land. But to what purpose, when a single crime sends up exhalations enough to eclipse half the stars and sets destined to enlighten our moral hemisphere, before they have reached their meridian!

The medical profession is patronised, and ought to be;
and the standard of medical attainment is rising. But a single prevalent crime, unresisted, throws into the distance all the achievements of art, and multiplies disease and death much faster than the improvements in medical science can multiply the means of preventing them.

The improvements by steam and by canals augment the facilities and the motives to national industry; but while intemperance rages and increases, it is only to pour the tide of wealth into one mighty vortex, which swallows it up, and, with a voice of thunder and the insatiable desire of the grave, cries, "Give! give!" and saith not, "It is enough."

Republican institutions are guaranteed to the States, and the whole nation watches with sleepless vigilance the altar of liberty; but a mighty despot, whose army is a legion, has invaded the land, carrying in his course taxation, and chains, and fire, and the rack; insomuch that the whole land bleeds and groans at every step of his iron foot, at every movement of his Nancy sceptre, at every pulsation of his relentless heart. And yet, in daylight and at midnight, he stalks unmolested; while his myrmidons, with infernal joy, are preparing an ocean of blood in which our sun may set, never to rise.

The friends of the Lord and his Christ, with laudable enterprise, are rearing temples to Jehovah, and extending his Word and ordinances through the land, while the irreligious influence of this single crime balances, or nearly balances, the entire account.
And now, ye venerable and honourable men, raised to seats of legislation in a nation which is the freest, and is destined to become the greatest, and may become the happiest upon earth, can you, will you, behold unmoved the march of this mighty evil? Shall it move in darkness, and lift fearlessly its giant form in daylight, and deliberately dig the grave of our liberties, and entomb the last hope of enslaved nations, and nothing be done by the National Government to stop the destroyer? With the concurrent aid of an enlightened public sentiment, you possess the power of a most efficacious legislation: and, by your example and influence, you of all men possess the best opportunities of forming a correct and irresistible public sentiment on the side of temperance. Much power to you is given to check and extirpate this evil, and to roll down to distant ages, broader and deeper and purer, the streams of national prosperity. Save us by your wisdom and firmness, save us by your own example, and, "as in duty bound, we will ever pray."

Could I call around me, in one vast assembly, the temperate young men of our land, I would say. Hopes of the nation, blessed be ye of the Lord, now in the dew of your youth! But look well to your footsteps: for vipers, scorpions, and adders surround your way. Look at the generation who have just preceded you: the morning of their life was cloudless, and it dawned as brightly as your own; but behold them bitten, swollen, enflamed, debauched, idle, poor, irreligious, and vicious;
with halting step dragging onward to meet an early grave! Their bright prospects are clouded, and their sun is set, never to rise. No house of their own receives them, while from poorer to poorer tenements they descend, and to harder and harder fare, as improvidence dries up their resources. And now, who are those that wait on their footsteps, with muffled faces and sable garments? That is a father, and that is a mother, whose grey hairs are coming with sorrow to the grave. That is a sister, weeping over evils which she cannot arrest; and there is the broken-hearted wife; and there are the hapless children, for whom their father has provided the inheritance only of dishonour, and nakedness, and woe. And is this, beloved young men, the history of your course? In this scene of desolation do you behold the image of your future selves? Is this the poverty and disease which as an armed man shall take hold on you? And are your fathers and mothers, and sisters, and wives, and children to succeed to those who now move on in this mournful procession, weeping as they go? Yes; bright as your morning now opens, and high as your hopes best this is your noon and your night, unless you shun those habits of intemperance which have thus early made theirs a day of clouds and of thick darkness. If you frequent places of evening resort for social drinking—if you set out with drinking daily a little, temperately, prudently—it is yourselves which, as in a glass, you behold.

Might I select specific objects of address, to the young
husbandman or mechanic I would say, Happy man! your employment is useful and honourable, and with temperance and industry you rise to competence, and rear up around you a happy family, and transmit to them, as a precious legacy, your own fair fame. But look around you. Are there none who were once in your condition, whose health, and reputation, and substance are gone? What would tempt you to exchange conditions? And yet, sure as seed-time and harvest, if you drink daily at stated times, and visit from evening to evening the resorts of social drinking, or stop to take refreshment as you enter or retire from the city, town, or village, yours will become the condition of those ruined farmers and artisans around you.

To another I would say, You are a man of wealth, and may drink to the extinction of life without the risk of impoverishment; but look at your neighbour, his bloated face, and inflamed eye, and blistered lip, and trembling hand; he, too, is a man of wealth, and may die of intemperance without the fear of poverty.

Do you demand "what I have to do with such examples?" Nothing, if you take warning by them. But if you, too, should cleave to the morning bittern, and the noontide dram, and the evening beverage, you have in these signals of ruin the memorials of your own miserable end; for the same cause, in the same circumstances, will produce the same effects.

To the affectionate husband I would say, Behold the
wife of thy bosom, young and beautiful as the morning; and yet her day may be overcast with clouds, and all thy early hopes be blasted. Upon her the fell destroyer may lay his hand, and plant in that healthful frame the seeds of disease, and transmit to successive generations the inheritance of crime and woe. Will you not watch over her with ever-wakeful affection, and keep far from your abode the occasions of temptation and rain? Call around you the circle of your healthful and beautiful children. Will you bring contagion into such a circle as this? Shall those sparkling eyes become inflamed, those rosy cheeks purpled and bloated, that sweet breath be tainted, those ruby lips blistered, and that vital tone of unceasing cheerfulness be turned into terror and melancholy? Shall those joints, so compact, be anstrung? That dawning intellect be clouded? Those affectionate sensibilities be numbed? And those capacities for holiness and heaven be filled with sin, and "fitted for destruction?" O thou father! was it for this that the Son of God shed his blood for thy precious offspring! that, abandoned and even tempted by thee, they should destroy themselves, and pierce thy heart with many sorrows? Wouldst thou let the wolf into thy sheep-fold among the tender lambs! Wouldst thou send thy flock to graze about a den of lions! Close, then, thy doors against a more ferocious destroyer, and withhold the footsteps of thy immortal progeny from places of resort more dangerous than the lions' den.
Should a serpent of vast dimensions surprise in the field one of your little group, and wreath about his body its cold, elastic folds, tightening with every yielding breath its deadly gripe, how would his cries pierce your soul, and his strained eyeballs, and convulsive agonies, and imploring hands add wings to your feet and supernatural strength to your arms! But, in this case, you could approach with hope to his rescue. The keen edge of steel might sunder the elastic fold, and rescue the victim; who, the moment he is released, breathes freely and is well again. But the serpent Intemperance twines about the body of your child a deadlier gripe, and extorts a keener cry of distress, and mocks your effort to relieve him by a fibre which no steel can sunder. Like Laocoön, you can only look on while bone after bone of your child is crushed, till his agonies are over, and his cries are hushed in death.

And now, to everyone whose eye has passed over these pages, I would say, Resolve upon reformation by entire abstinence, before you close the book.

While the argument is clear, and the impression of it is fresh, and your judgment is convinced, and your conscience is awake, be persuaded, not almost, but altogether. The present moment may be the one which decides your destiny for ever. As you decide now upon abstinence or continued indulgence, so may your character be, through time and through eternity. Resolve also, in-
stantly, to exclude ardent spirits from your family, and put out of sight the memorials of past folly and danger. And if for medicinal purposes you retain ardent spirits in your house, let it be among other drugs, and labelled, "Touch not, taste not, handle not."

As you would regulate your conduct by the Gospel and give up your last account with joy, weigh well the arguments for abandoning the traffic in ardent spirits, as unlawful in the sight of God. And "if thy right hand offend thee, cut it off. If thy right eye offend thee, pluck it out." Talk not of loss and gain; for who can answer for the blood of souls? and "what shall it profit a man, if he gain the whole world and lose his own soul?"

"Woe to him that coveteth an evil covetousness to his house, that he may set his nest on high, that he may be delivered from the power of evil! Thou hast consulted shame to thy house by cutting off many people, and hast aimed against thy soul. For the stone shall cry out of the wall, and the beam out of the timber shall answer it. Woe to him that buildeth a town with blood, and establisheth a city by iniquity! Behold, is it not of the Lord of hosts that the people shall labour in the very fire, and the people shall weary themselves for very vanity?"

Let the discourses upon the causes and symptoms of intemperance be read aloud in your family, at least once a year, that the deceitful, dreadful evil may not fasten
unperceived his iron grip on yourself, or any of your household; and that, if you shall not perceive his danger, another may, and give the timely warning. Thousands, every year, may be kept back from destruction by the simple survey of the causes and symptoms of intemperance. And,

Finally, when you have secured your own household, let your benevolence extend to those around you. Become in your neighbourhood, and throughout the whole extent of your intercourse and influence, a humble, affectionate, determined reformer. It is to little purpose that the causes, symptoms, evils, and remedy of intemperance have been disclosed, if this little volume be left to work its obscure and dilatory way through the land; but if everyone who approves of it will aid its circulation, it may find a place yet in every family, and save millions from temporal and eternal ruin.

I past not for fame or posthumous immortality; but my heart's desire and prayer to God for my countrymen is, that they may be saved from intemperance, and that our beloved nation may continue free, and become great and good.
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